

MT Annual Holiday Reception Page B1

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MUCKLESHOOT MONTHLY 39015 - 172nd Ave. S.E. Auburn, WA 98092

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Muckleshoot MESSENGER



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Muckleshoot Indian Reservation, Wash.

February 15, 2019



NCAI President Jefferson Keel and Congresswoman Deb Haaland

2019 STATE OF INDIAN NATIONS

National Congress of American Indians President Jefferson Keel delivered the annual State of Indian Nations speech in Washington, DC on February 11, 2019:

"Chokma" Chokmashki ishlaka – Hash mohma ka sa yokpa ishlaka. Greetings! It's good you came and I'm happy you're here. I thank Abba Binili, God, for bringing us together in a good way for this historic dialogue between Indian Country and the United States.

On behalf of the 573 federally recognized tribal nations, dozens of state-recognized tribal nations, and millions of Native people across this land, I welcome you, distinguished guests, and those watching around the globe to the 17th Annual State of Indian Nations address!

I am humbled to deliver this address. I consider it a great honor to serve Indian Country in this way. I was also blessed to preside over our Annual Convention last October, where NCAI launched its 75th anniversary year as a difference-making organization *protecting* tribal sovereignty and *advancing* tribal priorities.

I stand here today to proudly proclaim to you, Congress, the Administration, and the world: The State of Indian Nations is STRONG, and we GROW STRONGER every day.

From our cultures and languages to our economies and political power, tribal nations are crafting a GREAT RESURGENCE that is forging brighter futures for our communities and generations yet to come.

Despite facing strong headwinds and resistance, we are elevating our presence and voice in this country's public *and* policy discourse, at a time when it's most needed. We are claiming our rightful place as the original pieces in the mosaic of America, and our rightful role as key contributors in charting its future course.

The signs of our resurgence are EVERYWHERE. They are seen in sports and the arts, where increasingly we are sharing our stories and identities with mainstream society, from actor Wes Studi speaking his Cherokee language to the world at last year's Oscars to Onondaga lacrosse star Lyle Thompson turning an ugly display of racism into a teachable moment about dignity, empathy, and cultural pride.

They are seen in expressions of respect for Native people by those who mold America's youth, from the State of Florida honoring Joy Prescott, a Seminole immersion school teacher, as teacher of the yearto Little League International's decision to ban racebased mascots from all sanctioned competition.

Our resilience is seen in tribal nations' building of robust economies, which provide jobs and family economic security to hundreds of thousands of Native people, and tens of thousands of non-Native

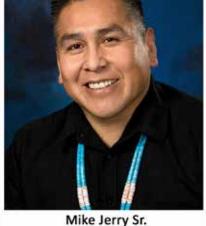
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FAMILY TREE BOOK BEING UPDATED!

The Muckleshoot Family Tree is being updated! The last edition was 2008. If you have family that was not included in the last book, please notify Pat Noel Fleming at pnflem@ comcast.net with name, parents' names and family's they belong to. I am also at the Philip Star Building on some Thursdays with Kerri Marquez. ~ Pat Noel Fleming

TRIBE CHOOSES ITS LEADERS







John Daniels Jr.

Jaison Elkins, Mike Jerry Sr. & John Daniels Jr. top the field

First off, congratulations to Jaison Elkins, Mike Jerry Sr. and John Daniels Jr., all of whom were re-elected to

Jaison Elkins

another three-year term in the January 21 Tribal Council Election!

This year's election was noteworthy in three ways: First, Jaison Elkins received

First, Jaison Elkins received 454 votes, the most ever; second, a

record 807 tribal members cast ballots, topping last year's total by four votes; and, lastly, it was the first time in 18 years that all three incumbents were returned for another term.



The last time this occurred was in 2001.

As noted, Jaison topped the field with 454 votes. He was followed by Mike with 366 and John with 307. Former longtime Tribal Council member Kerri Marquez finished fourth with 250 votes, which would've been enough to win

a seat in any previous election.

Others finishing above the 100 mark were, in order, Carl "Bud" Moses, Marie Starr, Ronnie Jerry and CharlotteWilliams. This year's electees will take the oath of office in April.

2019 Tribal Council **Election Results** Candidate Votes Jaison Elkins 454 Mike Jerry, Sr. 366 John Daniels, Jr. 307 250 Kerri Marquez Carl (Bud) Moses, Sr. 137 Marie Starr 132 113 Ronald M. Jerry, Jr. **Charlotte Williams** 108 Dawn Miller 82 Mardee Marquard Kenneth (K.C.) Williams 58 54 Daniel WhiteEagle 51 **Huda Swelam** Gregg Judge 36 Carma Moses

2018 Washington State Legislative Report & 2019 Agenda

OLYMPIA – As always, the Muckleshoot Tribe played an active role in Olympia in 2018, a year that dealt with long list of state-level issues of importance to the Tribe. Below is an overview of key issues and results from 2018 and issues that will be pursued in the current 2019 session of the Washington State Legislature.

GAMING-RELATED EFFORTS

Non-Tribal Gaming Expansion – Successfully opposed legislative efforts to expand non-tribal gaming, including proposals to legalize fantasy sports as games-of-skill, redefine gambling terminology that could have allowed for expansion, and more.

Gambling Commission – Engaged with the Gambling Commission on numerous issues including approaches to problem gambling, the outlook on possible sports betting in Washington State, issues surrounding the definition of "thing of value" under Washington gambling statutes, and more.

NATURAL RESOURCE ISSUES

Hirst Decision – Worked closely with numerous stakeholders to mitigate the negative impact of the Legislature's efforts to roll back the impact of the *Hirst* decision on water resource management. The *Hirst* issue dealt with protecting senior water rights holders, like tribes, from seeing critical in-stream flows for salmon runs depleted by too much growth.

Net Pen Atlantic Salmon Farming – Worked successfully with other tribes to prohibit future Atlantic salmon farming in Washington State waters following the catastrophic failure of Cooke Aquaculture's Cypress Island net pen operation.

MARIJUANA REGULATION & OVERSIGHT

Protecting Tribal Rights – Successfully changed state law to clarify that the State Liquor & Cannabis Board cannot authorize marijuana retail operations within Indian Country without the impacted Tribe's consent. Prior to this, the state authorized a non-tribal marijuana retail store directly across the street from the Muckleshoot Casino, without the Tribe's permission.

DE-ESCALATE WASHINGTON

Initiative I-940 – The Muckleshoot Tribe successfully engaged in the effort to first secure sufficient signatures to qualify I-940 as an initiative to the legislature in 2018 to address police use of force abuses, and ultimately to pass the initiative at the ballot in November. The De-Escalate Washington movement was a two-part effort to reduce unnecessary police shootings against the general public and especially communities of color.



INDIAN CHILD WELFARE ACT

Protecting ICWA Adoption Safeguards – Actively worked with legislative and agency stakeholders to educate the state about the history and importance of ICWA and to ensure that future legislative efforts do not negatively impact the implementation of ICWA in Washington State.

EDUCATION

State Pension Eligibility for Tribal Teachers – Successfully passed legislation to allow tribes to become qualified employers for the purposes of opting in to the state pension programs for teachers and school employees. By being able to offer state pensions rather than just the tribal pension program, the Tribe will be able to recruit and retain more teachers who may not have chosen to come to the tribal school if they could not transfer their state pension benefits.

Agenda for 2019

GAMING-RELATED ISSUES

Sports Betting – Actively engage on legislation regarding sports betting, looking to protect both tribal interests and those of Emerald

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Downs.

Social Gaming Apps – Oppose any legislation seeking to alter state law regarding social gaming platforms and the definition of what is and is not "gambling" or a "thing of value" under WA law.

Problem Gambling – Actively engage in legislative efforts seeking to enhance problem gambling statutes, including possibly creating a voluntary self-exclusion system for known problem gamblers.

NATURAL RESOURCES

Orca Task Force – Actively engage in salmon recovery discussions and other issues from the Southern Resident Killer Whale Recovery and Task Force.

Culvert Funding – Actively support significant investments in statewide culvert funding

EDUCATION

ECEAP Expansion – Support proposals concerning Early Childhood Education and Assistance Program (ECEAP). ECEAP is Washington's pre-kindergarten program that prepares 3- and 4-year-old children from low-income families for success in school and in life. The Department of Children, Youth, and Families (DCYF) oversees the program. A proposal is extended that will seek to expand the program and guarantee slots to tribal children.

TRANSPORTATION

Road Usage Charge Study – Monitor the Washington Transportation Commission's pilot project on the road usage charge (RUC).

Transportation/Infrastructure Projects – Monitor and engage on proposals concerning transportation and infrastructure investment opportunities.

USE OF DEADLY FORCE

De-Escalation & Mental Health Training – Actively support legislation to perfect I-940 and enhance de-escalation and mental health training for law enforcement and to remove the malice requirement for prosecuting officers who use deadly force. NOTE: This effort has already passed and was signed into law in 2019.

INDIAN CHILD WELFARE ACT

ICWA Protection – Actively engage in legislative efforts concerning out-of-home placement of children, with an emphasis on protecting existing preferences under the state and federal Indian Child Welfare Acts.

SUBSTANCE ABUSE & MENTAL HEALTH

Opiod Crisis – Engage in legislative efforts that address the opioid crisis, with possible emphasis on placing restrictions on the number of pills that may be prescribed and on creating a prescription drug monitoring program.

OTHER

Tribal Prisoner Religious Preferences – Support legislation to replace the word "chaplain" with "religious coordinator" in state statutes dealing with Department of Corrections (DOC) religious and spiritual activities.

Native American Voting Rights Act – Support legislation to enact the Native American Voting Rights Act, authorizing tribes to request ballot drop boxes on reservations and designation of state facilities on reservations as voter registration sites, with legal enforcement for election officials' failure to comply; permitting the use of nontraditional residential addresses by any person residing on an Indian reservation or lands for voter registration purposes; and permitting the use of tribal identification for electronic voter registration where the Secretary of State can obtain a copy of the applicant's signature.

state resources for reporting and identifying missing Native American women in Washington State, support legislation that establishes two liaison positions within the Washington State Patrol for the purpose of building relationships between government and native communities, and that establishes a Joint Legislative Task Force on Missing and Murdered Native American Women.





A HISTORIC DAY FOR SEATTLE. Muckleshoot Tribal Chairwoman Virginia Cross joined Governor Jay Inslee, King County Executive Dow Constantine, Mayor Jenny Durkan and numerous other past and present elected officials on Saturday, February 3 in the formal ribbon cutting ceremony to open the new Highway 99 tunnel under downtown Seattle.





Missing Native Women – Following up on 2018's study on increasing

Jessica Garcia-Jones, Virginia Cross, John Daniels Jr., Warren KingGeorge, Anita Mitchell, Jeremy James & Jaison Elkins



Virginia greets new Congresswoman Kim Schrier as she settles into her new office



EMILY'S LIST EVENT IN WASHINGTON, DC. Virginia joined other Native leaders at an event sponsored by Emily's List, which promotes female candidates. L-R: Unknown, Quinault President Fawn Sharp, NIGA Chair Ernie Stevens, unknown, Congresswoman Sharice Davids (Ho Chunk), Muckleshoot Chair Virginia Cross, Oglala Sioux President Cecilia FireThunder.



Chairwoman Virginia Cross speaking beautifully on why more women need to run for office and get engaged. She is the best.

2 Comments You +8 00

2019 Per Capita Deadlines and Schedule

November 30, 2018 - Enrollment Cut Off for March 2019 Per Capita

February 1, 2019

- Deadline for New Direct Deposits to be turned in to Tax Fund

February 8, 2019

Deadline to stop taking Direct Deposit Changes/Cancellations

February 28, 2019 March 5, 2019

- Enrollment Cut Off Date for June 2019 Per Capita - Per Capita Distribution in Cougar Room at PSB

March 6, 2019

- Per Capita Distribution in Cougar Room at PSB March 7, 2019 - Per Capita Distribution Finance Building

April 26, 2019

- Deadline for New Direct Deposits to be turned in to Tax Fund - Deadline to stop taking Direct Deposit Changes/Cancellations

May 10, 2019 May 31, 2019

- Enrollment Cut Off Date for September 2019 Per Capita

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Encouraging Our Younger Tribal Members

Valdemar Maldonado Jr. – known to all as Junior – grew up as part of the Daniels related clan of Muckleshoots in Fresno, California. He started working at the Muckleshoot Casino not long after returning to the homeland of his people in 1998. Starting at the bottom, he has advanced steadily until now he is part of an elite corps of tribal members that are part of a top-level management team.

A few years ago, Junior realized a windfall profit when he remodeled his home extensively and sold it when the market was at its peak. Working for the casino and amphitheatre has trained him to think like a business man, and he opted to put this money to work for himself by investing in a start-up barbecue restaurant named Meaty Johnson's on Pine Street in downtown Seattle, just up the hill from the Paramount Theatre.

Junior has some thoughts he'd like to share for the upcoming generations of young tribal members that will, like him, be in a position to make investments in their financial future. Here's Junior:

I started working at the casino in '98 as a housekeeper. I then worked my way up to heavy duty cleaning and eventually went to the engineering department as a junior tech to work my way up to an engineering technician position.

Over the years I became interested in live entertainment – music - so I went to school at Art Institute of Seattle for audio production and eventually got a job at White River Amphitheater while I was working at the casino. I worked four seasons at White River Amphitheater as an in-house tech and then eventually got the opportunity to be a stage manager.

During that time, I was also working full-time at the casino in the engineering department, going to school full-time and working at White River Amphitheatre. So, I was really busting my butt, working a lot, and didn't have a lot of free time. I was 100% focused on learning.

Eventually, I entered the CAT program within the casino. I had the opportunity to train in Club Galaxy for live entertainment. I started out there as a sound-light tech to a senior sound-light tech,



Located at 1201 Pine St. on lower Capitol Hill, just a few blocks up from downtown, Meaty Johnson's is one of the top-rated barbecue joints in Seattle. Stop in anytime and show your Muckleshoot ID card for 20% off - no coupon necessary. Tell them Junior sent you!

and then advanced to sound-light coordinator to a senior sound-light coordinator and eventually became entertainment manager. So, I was in the entertainment business for a lot of years. It was a true passion and I loved every second of it.

As the years went by, I wanted to understand the bigger picture of how our casino operates. I always understood that entertainment is an amenity within the casino – it's a small piece to what the casino is. But now I'm interested in learning what the whole scope of the entire

So now I'm what's called a Business Leader and I've been in the Business Leader Program for eight months now. I'm currently with the support ops department, which includes Security, Transportation, EVS and the Facilities Department. I'm learning everything in-depth for each department within the

The purpose of the Business Leaders Program is to go to every department at an executive level and learn how it all operates. The end goal is to prepare our tribal members to eventually step in as a Director, Assistant GM or someday the GM of the casino – or maybe even one of our other business such as Emerald Downs or Salish Lodge. This has always been the goal of our tribe and I'm glad to be

But let me get on to the main thing that I wanted to talk about, which is Meaty Johnson's BBQ restaurant that I invested in. Really where this all came from is the home loan program opportunities. I was able to buy my first home when I was 21 or 22. I bought my first house in Bonney Lake.

Over the years I learned a lot about construction from my dad. Adding that to what I learned here in engineering, I remodeled that entire house, from lighting to really nice arches that my dad helped me out with, decks, adding windows, doors, new siding, you name it tile work, hardwood floors.

I did it all, sold that house, bought another one in Auburn, lived in it for eight years or so and eventually sold that one too. I was fortunate to be able to sell my last house when the market was hot., so I got a big profit off of it.

So, I had all this money and I'm thinking "what am I going to do with this money?" I didn't want to go blow it on something that I don't need. I wanted to find a way that the money could work for me and make me money without me having to do too much vs. letting it sit in the bank.

I had the opportunity to invest into the Meaty Johnson's BBQ restaurant in Seattle. It's in Capitol Hill. It's off of Pine and Minor. It opened in August of 2018 and I'm pretty excited about this move. It's quickly becoming one of the top BBQ places around, with a 4.5 Yelp rating and 5.0 Google rating. The

food is really something special and – let me put in a plug here – they also do catering!

My message is for these younger kids who get their trust funds. There's more to do with that money. I remember when I was 18, and if I was given a large lump sum of cash, who knows what I would've done with it? It's hard to manage money wisely when you're that young and you're given that much money.

So, my advice is that these kids should look into more options with their money. An example is looking into possible investments or possibly look into starting your own business; but make sure that those investments are going to be beneficial to for you, because investing is risky. Do your research and make sure that what you're going into is good for *you*. If that means that you get a contract to whatever you're investing in, whether it be a restaurant business or whatever it could be, hire an attorney, and have them overlook your investment. Make sure your investing in a wellplanned business with a decent ROI - Return On Investment.

So that's what I did – I invested in Meaty Johnson's. I have a 20% ownership interest in the business, and now I'd like to share that with the tribe. Since I own 20%, I'd like to offer a 20% discount to all tribal members. If you want to go and eat some good barbecue while you're in downtown Seattle, just show your tribal ID and they'll get 20% off. Tell them Junior sent you.

Meaty Johnson's is at 1201 Pine St. at the corner of Minor. If you're downtown, just walk up Pine, past the Paramount Theater, cross over the freeway, and Meaty Johnson's is straight ahead, on the corner.

So, in a way, the reason I've been wanting to do this article is to give a thank you back to my tribe for giving me all these opportunities to get to where I'm at today. That's what I wanted to share with you, and hopefully it inspires these kids to do more. We have a lot of tribal kids who have potential and I hope to someday see them in our tribal workforce making a difference for our future as well as their own future.

"Make it Happen!"



In Memorium

Diana Thompson-Cooper passed away on January 5, 2019 after a short battle with cancer. She was 71 years old.

Mrs. Cooper was a dedicated employee of the Virginia Cross Native Education Center for 10 years.

She had a strong work ethic and devoted a lot of her time to helping the students. She helped students with senior portfolios, school work and cultural projects. She always made sure that new mothers had a present for their babies.

During her sickness, Diana really enjoyed it when the VCNEC staff called her from the school so the students could say hi. She kept a positive attitude throughout her sickness.

Over the years, Diana made



many friends at Muckleshoot. She enjoyed eating at the Senior Center and doing cultural activities with the Culture Program. Her office area has seemed a bit empty this past month. She is missed.

Obituaries, Tributes & Memorial Notices

Obituaries have been unavailable for several that have passed in recent months. The newspaper is here for you if you wish to honor your loved one in that way. For tribal members, Weeks Funeral Home will work with the family to prepare an obituary. We are also often able to get obituaries from other funeral homes for out-of-town passings. The newspaper welcomes obituaries if they are available, and if not, a loving memorial tribute written in free-form style is also very appropriate. There is no wrong way to do it, and any length is fine. This page also welcomes memorial notices to let people know ahead of time when your family's upcoming memorial will take place. Email: Muckleshoot.Monthly@muckleshoot.nsn.us / Phone: 253-939-3207.



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people. Indian Country has a long way to go, but in more and more places, we are becoming primary drivers of economic growth, fostering a better quality of life for all.

Our unity is seen in our growing alliances, powerfully displayed in recent legal briefs defending the Indian Child Welfare Act. They saw 325 tribal nations, 57 Native organizations, 31 child welfare organizations, 21 states, several members of Congress, and other partners join forces to keep Native children immersed in their tribal families, cultures, languages, and communities.

Our strength is heard in the enduring power of our songs – prayers of tolerance and humility, sung with a good mind and enlightening purpose in the face of ignorance and arrogance.

It is seen in the mid-term elections. In North Dakota, New Mexico, Minnesota, and elsewhere, Native people, understanding the stakes, turned out to the polls like never before – despite determined efforts to keep us away. In many places, we were the margin of victory, showing we are a political force to be reckoned with.

And our resurgence is seen in the record number of Native candidates who ran for federal, state, and local office – and won!

On election night, I rose to applaud Peggy Flanagan, who as Minnesota's new lieutenant governor, becomes the highest-ranking Native woman elected to executive office in the United States!

Like many of you, my spirit was stirred by Ruth Buffalo, who took the oath of office in North Dakota in her traditional regalia, honoring her ancestors. Ruth's victory was pure, poetic justice, as she upset the state legislator who sponsored the bill to suppress Native voters by making them show IDs with residential street addresses.

And in our nation's capital, I was deeply moved by the first two Native Congresswomen in U.S. history – Deb Haaland and Sharice Davids – at their swearing in, embracing in a moment of solemn reflection about their historic achievement and all who sacrificed to make it possible. They join Tom Cole and Markwayne Mullin to give Indian Country its largest Congressional delegation ever.

Casual observers of Indian Country's resurgence may deem it an overnight phenomenon. Nothing could be further from the truth. Our success flows from the foresight and counsel of our ancestors. It is driven by the core values and relentless spirit that have sustained our societies and cultures for millennia.

It grows today thanks to decades of planning, preparation, and hard work of so many tribal leaders, elders, advocates, youth, everyday tribal citizens, Native Vote coordinators, and our ever-expanding network of



partners and allies.

Long before Wes Studi and Lyle Thompson came along, there was Chickasaw storyteller Te Ata, Osage ballerina Maria Tallchief, and Santee Dakota philosopher John Trudell, who showed the world that only Native people can truly define their own humanity and speak their own truths.

And before Deb Haaland and Sharice Davids rose to this moment, there was Elizabeth Peratovich, a well-known Tlingit civil rights leader; Ada Deer, a Menominee who served as Assistant Secretary for Indian Affairs and ran for Congress; and Denise Juneau from Fort Berthold, who became the first Native woman elected to statewide office in Montana (and now serves as Seattle School Superintendent.)

These leaders and many others cleared paths for Deb and Sharice to follow. The truth is we've always been strategic planners and shrewd actors who adapt to and overcome the great challenges before us.

Today, as the first, distinct, *Indigenous* peoples of this land, we perpetuate our time-honored tradition of applying lessons learned from a closely held past to confront threats to our continued resurgence, ensuring our enduring vibrancy.

Indian Country owes our resurgence to tribal sovereignty and self-determination – the inherent authority, strength, and wisdom to ably tackle the great challenges of our time, just like our ancestors did before us.

Tribal leaders gathered 75 years ago to create the National Congress of American Indians to respond to the greatest threat of their time: the federal policy of terminating tribal governments.

Through tireless struggle, Indian Country overcame that threat, and in the decades since, NCAI has spearheaded tribal nations' efforts to fend off the gravest threats to our right and ability to govern our lands, citizens, affairs, and relationships as we see fit, from safeguarding the civil rights of Native people to protecting where and how we practice our spirituality.

NCAI continues to answer that call, for the threats we face today are just as daunting. Take the recent government shutdown, this nation's longest ever. This pointless crisis wreaked financial havoc on millions of Americans, including a disproportionate number of Native people.

It represented a gross dereliction of duty by our leaders in Washington, who are sworn to uphold the federal government's legally mandated trust and treaty obligations to tribal nations by providing adequate, stable funding for programs that serve our people.

The shutdown cut particularly deep across Indian Country, disrupting access to vital services like healthcare, housing, and food distribution, and endangering public safety, from unplowed, snow-covered roads to unsupported children at high risk. It also meant opportunities lost. The Quinault Indian Nation, for example, lost a \$1.4 million timber sale during the shutdown, just because it couldn't get a signature from the feds.

Yet like we've always done, tribal nations rose to meet a challenge not of their own making. Many found creative ways to stretch their limited financial reserves to ensure employees supported by federal dollars could keep receiving a paycheck.

Others deployed innovative measures to help their citizens and other local residents make ends meet. The Pawnee Nation of Oklahoma, for example, kicked in its own money and established a GoFundMe page to provide groceries to those furloughed or working without pay.

The Mescalero Apache Tribe in New Mexico, meanwhile, offered affected workers jobs at its businesses. The Shoshone-Bannock Tribes in Idaho culled from its bison herd to provide meat to workers unable to buy food for their families. And the Navajo Nation's utility authority allowed furloughed employees to delay paying their bills until after the shutdown's

Tribal nations took these steps because as responsible governments, we take care of our communities, no matter what. We certainly don't manufacture crises to avoid doing so.

And with it likely to take months, perhaps years, for us to fully recover from this shutdown, Indian Country cannot afford – and America should not stand for – another one.

And no leader of the federal government should stand for it either. Each took an oath to protect the U.S. Constitution against all enemies, foreign and domestic. That solemn oath is to this country – not a party or an individual. If there's another shutdown, it should include the salaries and healthcare of everyone in Congress and the White House.

Indian Country faces another daunting threat in the Administration's effort to undercut the regulatory framework by which tribal nations place land into trust. The Department of the Interior cannot be allowed to simply "make it up as it goes along" when deciding whether to take land into trust for tribal nations, ignoring decades of established precedents in the

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Muckleshoot 4-H Member Competes in Horse Show at Donida Farm

Muckleshoot Sya-Ya 4-H Club member Briana Arvizu attended her first-ever horse show at Donida Farm on Saturday, November 10, and she did an amazing job! She won 1st place in three classes, placed 2nd in three more classes, and also received a 4th place ribbon, beating MANY experienced competitors.

She was riding Wrangler's Sunny D, known simply as "Sunny," who is an Appaloosa and part of the Muckleshoot Equine Program. Briana is also a part of the Youth Work Training Program (YWTP) and is one of our workers at the Blue Barn.

We have many other youths that are going to start showing horses in February, and we hope to have photos to share with the community soon. Our equine program is growing rapidly! We have 26 enrolled members in the Muckleshoot Sya Ya 4-H club, which makes us the biggest horse 4-h club in King

Here some pictures of Briana with Sunny and all their ribbons, plus one that also includes horse show grooms Noah Arvizu and Mackenzie Lobehan (who is also a youth worker at the Blue Barn), Muckleshoot Equine Program Therapist

It was a great day for all, and everyone was very proud – even Sunny the horse. He knows they did good, you can tell







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The Department's recent "about-face" in rejecting the Mashpee Wampanoag's placement of traditional homelands into trust is especially troubling. If left to stand, it threatens to create a *class system* of "haves" and "have nots" among tribal nations.

Some tribal nations will be able to take newly acquired land into trust to protect sacred places; others will not. Some will be able to regrow their land bases to empower economic growth; others will not. They will be subject to the whim and conflicted interests of whoever is running Interior at the moment. This not only ignores the Indian Reorganization Act's mandate of tribal self-determination, it is patently and arbitrarily unfair.

We demand Interior rescind its Mashpee decision and recommit to its earlier precedent regarding land-into-trust applications under the 2014 Carcieri "M" Opinion. We also call on the DOI Solicitor to reinstate the Alaska "M" Opinion, which affirms the Secretary's authority to place land in trust to benefit tribal governments in Alaska. The federal government's policy for tribal lands needs to put the interests of tribal nations first – and *no one else's*.

Equally concerning to Indian Country is the rushed and ill-conceived reorganization of the Department of the Interior and Bureau of Indian Affairs, done largely without tribal input and against our declared wishes. This effort has featured alarming changes made with no consultation or explanation.

For example, the abrupt "Thursday Night Massacre" saw vital, high-level administrators across the BIA reassigned to distant places to work on issues or with tribal communities they had little experience with. This left several regions without a permanent Regional Director for months on end, handicapping the Bureau's ability to serve tribal nations on the government's behalf.

This reorganization threatens to diminish the authority of BIA Regional Directors within Interior's overall structure, and seeks to isolate the BIA from other agencies at Interior. This will, in turn, isolate and weaken the programs and services that those agencies provide Indian Country. NCAI reiterates our call to the Administration to halt the Interior and BIA reorganizations so it can assess their negative impacts on tribal communities, and then integrate *tribal* priorities into a revamped restructuring plan.

We also demand Interior heed the call of Indian Country and Congress by creating an Under Secretary for Indian Affairs, so that our priorities can get their just due.

Another grave threat impacting not just Indian Country but the entire *planet* is CLIMATE CHANGE. The science is settled. The evidence? *Undeniable.* Our world is gravely ill, human beings are the cause, and only we can administer the cure.

Climate change threatens our wellbeing, places, and ways of life in every conceivable way. And by all accounts, Indian Country is feeling the wrath sooner and worse than other populations. From Shishmaref in Alaska to Isle de Jean Charles in Louisiana to Taholah Village in Washington, hundreds of tribal communities are losing homes to waters risingfrom global warming. Many tribal nations are relocating entire communities before they're lost for good.

Climate change also erodes our ability to exercise our inherent and treaty-reserved rights to hunt and fish, by ravaging our subsistence resources and their life-giving habitats. Pervasive droughts caused by changing weather patterns constrict our ability to harvest traditional foods and medicines, while our sacred sites grow ever more vulnerable to wildfires, flooding, and erosion.

And, as the Administration's National Climate Assessment explains, tribal economies, which depend on our "self-determined management of water, land, natural resources, and infrastructure," are being impacted "by changes in climate."

Tribal nations have long understood Mother Earth's delicate balance, and the sacred charge we have to nourish her as she does us. We developed finely tuned management practices to steward the natural world so it could continue nurturing all living things, from controlled burns to reduce wildfire damage, to water conservation strategies to offset prolonged droughts.

Despite significant legal and policy barriers that complicate our efforts to carry out this hallowed commitment to stewardship, tribal nations are leading.

From Blue Lake Rancheria in California to the Passamaquoddy Tribe in Maine to the Native Village of Kotzebue in Alaska, we are developing climate action solutions and coalitions that provide common-sense blueprints for the world to follow.

NCAI supports tribal nations' climate action efforts, from advancing their consensus priorities at the U.N., to advocating for tribal water settlements in an age of increasing water scarcity.

We are leading on climate action because we recognize future generations will either revere us for our bold initiative in this moment, or condemn us for the doomed planet we've left them. Simply put, we can no longer afford deniers. We need doers - doers committed to working together as one, to save our planet for all.

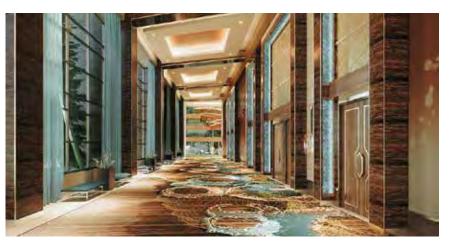
We need the U.S. government to lead with us. Yet today we find that government broken. The shutdown is a sobering reminder of the failed state of our partisan politics. Given climate change and the other monumental challenges this country faces, America can no longer afford a government fixated on settling political scores and pandering to corporate interests. Indian County certainly can't.

We must cleanse our governance of the politics of racism and fear, the rhetoric of winners and losers, false narratives about "zero sum" economics that fuel inequality – and all else that divides us.

Our leaders in Congress and the Administration must come together to place the fate of our children and grandchildren – *including Native ones* - ahead of rigid dogmas and their own campaign coffers. We must - and will – hold them to that standard.

While considered by some a lost art, bi-partisanship is the only proven path to meeting this nation's challenges. The recent Farm Bill is a prime example, of the good that comes to all when our leaders put nation before party.

The Farm Bill and recent tribal energy legislation also affirm that



This rendering shows how the the Muckleshoot Casino Conference Center promenade will look once the expansion project is completed.

Muckleshoot Tribe to add conference center, more gaming space and amenities to casino

Tribe expects to complete latest project in early 2020

The Muckleshoot Casino is about to get bigger with more amenities. The tribe has announced that the casino would soon undergo a significant upgrade and expansion, to include a new, overall floor plan, greater food options, expanded gaming space, a large events center and a larger smoke-free area.

"Our focus has always been on continual improvement of our casino operations and providing our customers a first-class experience," Muckleshoot Tribal Council Chair Virginia Cross said in a press release. "This latest remodel-and-expansion project will keep our casino business strong, ensure that our customers get great value for their entertainment dollar and meet our responsibility to our community members."

Since it opened in 1995 in a 13,000-square-foot tent, the Muckleshoot Casino has realized a number of expansion-and-improvement projects. The tribe expects to complete this latest project in early 2020, to include:

- A 20,000 square-foot, technically-advanced events-and-conference center divisible into five sections, with an overall seating capacity of
- A light-filled conference center with a pre-function promenade that offers a glass wall, allowing patrons to bask in the beauty of the
- Three new, fast-casual restaurants and a new center bar;
- 10,000 square feet of gaming space:
- A new exterior facade; and
- A cultural center that celebrates the history and journey of the Muckleshoot Tribe.

In addition to offering the Puget Sound region first-class gaming and entertainment options, the casino revenues support an array of important programs and services for tribal members, like elder services, education, health care, housing assistance and employment opportunities.

Indian Country's issues are not partisan issues. They are America's issues. They transcend political party. Every member of Congress and the Administration has a *duty* to faithfully execute the government's legally mandated trust and treaty responsibilities to tribal nations, no matter who voted for them on Election Day.

In 2019, performing that duty means avoiding another shutdown, fully repairing the damage the last one caused, including doing right by not just federal employees, but federal contractors who serve Indian Country, and authorizing ADVANCE APPROPRIATIONS for the BIA and Indian Health Service, so we are insulated against partisan gridlock from here on

As fellow tribal leader Aaron Payment said during the shutdown, we "pre-paid in full" with our lands for federal programs and services, and now the government's "mortgage payment is due." From now on, we want that payment guaranteed on time, every time!

Performing that duty to uphold the federal trust and treaty responsibilities also means enacting a clean Carcieri fix to bring long-overdue certainty to the land-into-trust process, stemming the tide of violence against Native women by strengthening the Violence Against Women Act, passing Savanna's Act, including tribal nations in Victims of Crime Act funding, and protecting the Indian Child Welfare Act, for our Native families have suffered the agony of having our children ripped from us for far too long – an agony that, sadly, Indigenous migrant families along our southernborder now share with us.

Performing that duty also means ending the assault on our unique political status, notably allowing states to interfere in tribal provision of Medicaid services; investing substantially in tribal infrastructure – on tribal terms; Passing the Indian Community Economic Enhancement Act and Native American Business Incubators Act, which will strengthen our ability to build diversified economies; properly implementing the Farm Bill and 477 workforce development law; combatting the growing number of hate crimes against Native people; ensuring a *complete* count of Native people in Census 2020; and repairing the "Broken Promises" reported by the U.S. Commission on Civil Rights, by fully funding the federal government's trust responsibility.

Finally, performing that duty means committing to appointing federal judges who understand and respect the unique political and legal status of tribal nations; confirming a permanent IHS Director, when we've been without one for four years, which is outrageous; and ensuring the Interior Secretary doesn't just pay *lip service* to tribal sovereignty, but upholds it *in* practice. The federal government's trust responsibility is not discretionary!

In closing, to the U.S. government, I promise that: NCAI will be there every step of the way, partnering with you and holding you accountable, just as we have since 1944.

To our elected leaders and the American people, I invite you to become Indian Country's allies! Learn from us about our histories, governments, and contemporary life! Engage with us to understand what respect for Native people entails, and how you can help us achieve our goals for thriving tribal cultures and communities.

To Indian Country, I remind you that the National Congress of American Indians is your D.C. watchdog. We have your back in protecting tribal sovereignty and fighting for your priorities. Always have, always will!

To tribal leaders, I implore: Now more than ever, NCAI needs your voices, your guidance, your wisdom, your partnership, and your help if we are to collectively forge our chosen pathways to vibrant futures. Our people can afford no less in this time of great uncertainty – and great

May God bless all of you, and may God bless Indian Country. Thank

Muckleshoot Messenger February 15, 2019 **P5**

Carbon Monoxide

Mountain View Fire and Rescue

CARBON MONOXIDE (CO) SAFETY

WASHINGTON STATE LAW:

Beginning January 1, 2011, state law required CO alarms to be installed in all new single family homes and residences, including apartments, condominiums, hotels, and motels.

State law requires CO alarms be installed in existing apartments, condominiums, hotels, motels and single-family residences by January 1, 2013.

Owner-occupied single-family residences, legally occupied before July 26, 2009, are not required to have CO alarms until they are sold. The seller is required to equip the residence with CO alarms before any other person legally occupies the home. Substitute Senate Bill 6472 added CO alarms to the Purchase/Sale disclosure form in 2012.

CO alarm installation requirements

- 1. Alarms must be located outside of each separate sleeping area, in the immediate vicinity of the bedroom and on each level of the residence.
- 2. Single station carbon monoxide alarms must be listed as complying with UL 2034, and installed in accordance with the code and the manufacturer's instructions.
- 3. Combined CO and smoke alarms are permitted.
- Never ignore a CO alarm when it sounds. Get outside immediately, and call 911 from a fresh-air location. The emergency responders and fire department will provide information for safe home re-entry.
- Carbon monoxide is an odorless, colorless gas created when fuels -gasoline, wood, charcoal, natural gas, propane, oil, and methane burn. Equipment and vehicles powered by internal combustion engines are a common source of carbon monoxide. Vehicles running in an attached garage or generators running inside a home or attached garage, can quickly produce dangerous levels of carbon monoxide.
- More than 400 people die each year in the United States from carbon monoxide (CO) poisoning, according to the Centers for Disease Control and Prevention (CDC) whose data includes consumer products and vehicles
- The dangers of CO depend on a number of variables, includ-

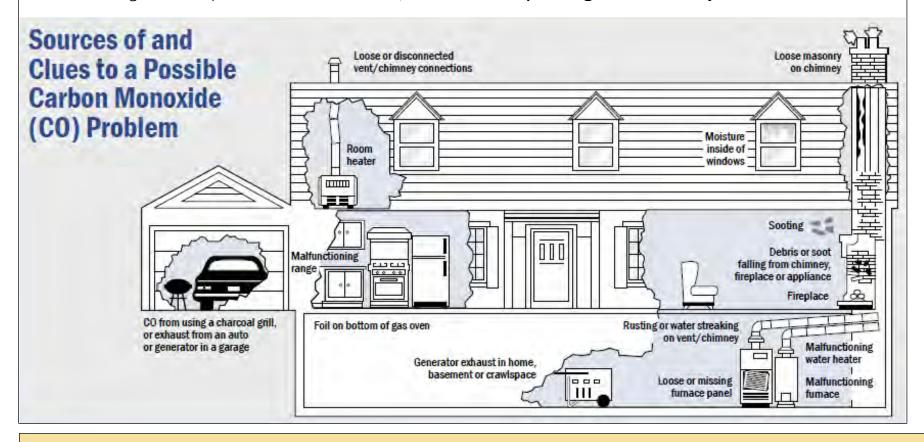
WARNINGS

- Never leave a car running in a garage, even with the door open.
- Never run a generator in the home, garage, or crawl space. Opening doors and windows or using fans will NOT prevent CO build-up in the home. When running a generator outdoors, keep it away from open doors and windows.
- Never burn charcoal in homes, tents, vehicles, or garages
- Never install or service combustion appliances without proper knowledge, skills, and tools.
- Never use a gas range, over, or dryer for heating.
- Never put foil on bottom of a gas oven because it interferes with combustion.
- Never operate an unvented gas-burning applicance in a closed room or in a room in which you are sleeping.

ing the person's health and activity level. Infants, pregnant women, and people with physical conditions that limit their body's ability to use oxygen can be more severely affected by lower concentrations of CO than healthy adults would be.

A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time. Low level CO poisoning can often be confused with flu symptoms, food poisoning, and other illnesses. Some symptoms include shortness of breath, nausea, vomiting, dizziness, lightheadedness or headaches. When extremely high CO levels are present, confusion, incapacitation and loss of consciousness can occur within minutes.

Portable generators must be operated outside only. Never operate one inside a home, garage, basement, crawlspace, shed, or in a semi-enclosed space like a porch close to the house. Keep generators, as well as any other equipment with an engine in it, at least 20 feet away from the house. Poisonous carbon monoxide from portable generators can kill you.





How power gets restored

Puget Sound Energy crews focus first on restoring power to high-voltage transmission lines that provide power to substations serving large numbers of customers in a broad geographic area.

Priority for power restoration also goes to essential services such as hospitals, water/waste water systems, energy and transportation.

Once the high-voltage transmission system and substations are back online, PSE crews focus on repairing damage to distribution and service lines - the lines that directly serve homes and businesses.

During an outage, one part of a neighborhood may have its lights on while another remains without power. Because our electric system works in sections or circuits, PSE crews re-route power around the damaged areas, thereby isolating the section that requires repairs.

Assess, restore, and repair

Depending upon the severity of a power outage, it may take PSE crews many hours to provide accurate powerrestoration estimates. PSE's first priority in restoring power is safety to the public and employees. Crews make certain that downed power lines do not create a safety hazard. Once the damage is assessed, PSE crews restore power as quickly as possible. Following restoration, crews will schedule any follow-up repairs needed to permanently repair the damaged electric system.

MIT Emergency Shelter Guidelines:

Motel Rooms may be authorized if incident has exceeded 72 hour minimum.

The hotel room criteria are:

- 1. MIT Tribal Elders who have no heat or running water
- 2. MIT Tribal Elders who have medical conditions
- MIT Tribal Families with infants under 6 months and /or children w/ medical needs
- 4. MIT Tribal Disabled individuals who may need electricity forwheelchairs, oxygen, or other medical emergency needs.

Families need to use other resources first, families, friends, etc. In order to assist all tribal and community members there will be no reimbursements for motel or shelter stays.

If more information is needed, please contact:

Ada McDaniel

MIT Emergency Management Director

253-261-4724cell 253-876-3247desk Email:

ada.mcdaniel@muckleshoot.nsn.us

Stay Safe! Stay Prepared! Stay Informed!

A reminder if the weather is 35 degrees or below, the Sla Hal shed will be used as a warming shelter for tribal and community members. This information will be posted days in advance of the predicted weather pattern.

Muckleshoot Canoe Family at the Seattle Womxn's March

January 19 2019

PHOTOS BY MELISSA PONDER























Muckleshoot Tribal College 💨

College and Career Education Opportunities Program (CCEOP)

Hello everyone, I would like to take the time to formally introduce the College and Career Education Opportunities program (CCEOP). Formally known as the Youth Work Training program, we are now a part of the education department. For those of you that don't know, the CCEOP is a program designed to help build educational and job skills for youth ages 14-18. The youth are assigned to various job sites located throughout the tribe. Some of the job sites include the Muckleshoot Child Development Center, the Phillip Starr Building, the Elders Complex, and many more. The Youth are learning skills that include office work, child care, and at some particular job sites manual labor. Aside from the working aspect, the youth employees are also attending different workshops and seminars to build their educational skills. Some of these workshops include scholarship

applications, life skill training, and various other skills.

Being that is the start of the New Year, and we are about half way through the school session, we thought it would be a good idea to give everyone an update on what is going on here at the CCEOP. At the beginning of the school session we got word that we would be able to add additional youth positons, bringing us to a total of 40 youth employees. This is the highest number of youth employees that has been employed for the CCEOP during a school session. We were able to fill all of these positions. Furthermore, with the help of various departments throughout the tribe, we were able to create additional job sites for the youth workers. This is a great achievement for the CCEOP because it gives the youth more opportunities to learn diverse job skills that they might not learn otherwise. We would like to thank everyone

HIGHER EDUCATION

for the roles that they played in helping to expand the CCEOP. In this past year we have grown more than we would have expected. We look forward to developing our program to give our youth the best opportunities to succeed in their future.

Sonja Moses

College and Career Education Opportunities Program Manager (253) 876 - 3372Sonja.moses@muckleshoot.nsn.us

Tyler Spencer

Youth Crew Supervisor (253) 876 -2858Tyler.spencer@muckleshoot.nsn.us

Josie Benito

Youth Crew Supervisor (253) 876 - 2839 Josie.Benito@muckleshoot.nsn.us

Lena Baker

Youth Crew Supervisor (253) 259 - 0652Lena.baker@Muckleshoot.nsn.us

Get your GED or high school diploma in the new year!

It's a brand new year, so why not get that GED Credential or High School Diploma needed to join the NTPlus Program, go to college, and get that dream job or promotion? The GED program is internet based and can be accessed anywhere, including on your phone. Individual tutoring spots and workshops are offered daily for any extra help you may need. Testing is held on Tuesdays and must be scheduled on GED.com.

High School 21+ is also back as Renton Technical College is back in session. This program evaluates a student's high school transcript to figure out what credits are still needed to graduate with a high school diploma. Once the missing credits are determined, the program's instructor's look for ways to obtain the needed credits through reflections of life experiences, certificates obtained, jobs held, classes, and projects.

Already have your diploma or GED, we offer classes on Tuesdays at 3:00pm to further your learning,



better yourself, and get you college ready. Check our calendar for our specialty workshops that include

- such classes as: • Writing an Essay (five para-
- graph) • Formatting a College Paper
- College Note-taking
- College Time Management • Healthy Relationships
- Goal Setting
- How to Find Scholarships
- CLOSE Reading/Annotating
- Researching for a College Paper
- Thesis Statement
- Speech Prep/Public Speaking
- Admissions Letters/FAFSA • Career Assessment/Picking a
- Major • Money and the College Student
- Life Balance
- KCLS Research
- Customer Service
- Professional Etiquette

- Test-Taking Strategies
- Interpersonal Communication in a Professional Setting

Also keep an eye out for Continuing Education classes. If you have a class idea you feel many could benefit from, please let us know. These classes will be open to any community member that wants to learn.

For more information please visit us at the Muckleshoot Tribal College or contact:

Cary Hutchinson

ABE/GED Instructor

253.876.3375

Cary.Hutchinson@muckleshoot. nsn.us

Melissa Reaves

ABE/GED Instructor 253.876.3256

Melissa.Reaves@muckleshoot.nsn.

Mitzi Judge

Continuing Education Manager 253.876.3395

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ABE/GED/HS21+/Continuing Education

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NT PLUS Department

(Formerly known as M.O.S.T.)

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Northwest Indian College – Muckleshoot Campus

Jonathan Tomhave

Site Manager $(360)\ 255 - 4433$ jtomhave@nwic.edu

Don Munro

Instructional Technician/Aid $(360)\ 255 - 4432$ damunro@nwic.edu

Students of the Month



Tammy Gourdine starts Master's **Degree at Southern New Hampshire U.**

Winter Quarter 2015, Tammy Gourdine started her Master's Degree at Southern New Hampshire University in Business with a concentration in Community Economic Development. Many semesters were spent researching and writing papers that took time away from family, knowing that it will come with a reward of an MBA, in which she is scheduled to earn at the end of winter 2019. This degree can complement her many collections of Degree's and Certificates. The Muckleshoot Tribal Scholarship Department would like to take this time to congratulate Tammy on a job well done, and a well-de-

served degree. The MIT Scholarship Department would like to wish Tammy the best of luck in her future endeavors, or wherever this road down the educational Yellow Brick Road will lead her.

NWIC Student of the Quarter

Frank Burns



Northwest Indian College at Muckleshoot is proud to announce Frank Burns as the student of the quarter. Frank is our current work study student and is a senior in the Tribal Governance and Business Management Program with an anticipated June 2019 graduation. We at NWIC wish to congratulate for all his hard work and success. Frank has been a dedicated at the Muckleshoot Campus of Northwest Indian College for several years and we are very proud of his

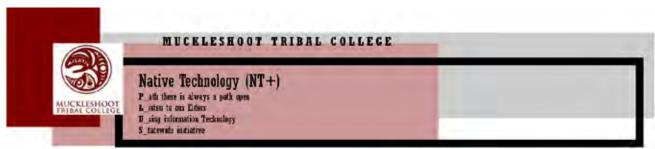
accomplishments. His dedication, study skills and ability to inspire cooperation amongst his fellow students has made him a leader at this site.



Bates Pre-Apprentice Program Cohort 3!

Greg Christensen, the Iron Workers Regional Organizer called and he was very excited to share that a recent graduate of the Bates pre-apprenticeship program just completed the Qualification Day and he passed with flying colors!

Congratulations to **Stacey** Gourdine for his accomplishment as he progresses to the next phase of becoming an Iron Worker.



Career & Technical Education Programs Offered at MUCKLESHOOT TRIBAL COLLEGE:

Associate of Applied Sciences Information Technology-Systems & Security (AAS) Requires HS Diploma/GED & photo ID

- Muckleshoot Scholarship Eligible 3 – 7pm Monday Tuesday Wednesday
- **Spring Classes** IT 160 Windows Server Administration I IT 135 CompTIA Security + Certification

Stand Alone Cert Programs

- Single classes
- Microsoft Certified Professional

Project +

Muckleshoot Tribal Incentive Payment Eligible

Second Cohort starts September 2019!!

Preparation

USED TO BE

MOST

The Grant for the MOST program has ended & we now offer the:

GRC/MTC Office Training Program

NOW **GRC/MTC Office Training Program**

- Offered until Spring 2019
- **Quarterly Enrollment**
- Muckleshoot Scholarship Eligible
- WORD, Excel, Windows, Email, Outlook& Communication
- Beginning & Intermediate levels
- May take for Professional Development wout Scholarship incentive



Students of the Month

GRC-MTC Office Basic Program Student of the Quarter

Diana Heredia



The Muckleshoot Tribal College is proud to announce Diana Heredia as the "Student of the Quar**ter**" for the GRC-MTC Office Basic Program.

At the Muckleshoot Tribal College we are always seeking to help and provide an environment for our students to grow as individuals, learn new things to add to their skill set, and to actively do their best to be a success. Diana exemplified these qualities through her dedication and effort throughout the quarter as she successfully completed the program.

And with this recognition we like to congratulate and encourage Diana to continue to keep up the great work with her academics and her future endeavors.

GED/HS21+ Learning Center's Student of the Quarter Fall 2018

Clifford Starr

Clifford has been working on his GED through the AWTP Program. Throughout 2018 Clifford put great effort into his studies and has passed half of the required GED tests. Because of this, his confidence has soared and he is ready to tackle the last two tests

needed to earn his GED Credential. We at the Muckleshoot Tribal College thank Clifford for his dedication to the GED Program and wish him success in this and all future endeavors. His educational journey is well on its way. We are very proud of how far Cliff has come and how much his study skills have grown throughout his time with the GED Learning Center Program. We are excited to see him continue to progress and see what the future has in store for Clifford.

The Muckleshoot Scholarship Department Student of the Quarter/Semester

Lee Foulkes



The student of the quarter/ semester is Lee Foulkes. Lee is the son of Teri Starr and Brian Foulkes. Lee has been attending University of Alaska for the past couple of years obtaining a Bachelor's Degree in Marine Biology. Before deciding what he wanted to study, Lee went to a few of the tribal departments and inquired on what job positions they needed. He decided on the fisheries department because they were very welcoming and helpful to him. Fisheries staff told Lee their methods of raising fish and gave a few schools that taught their way. Lee

decided based on the recommendation of the fisheries department to attend University of Alaska. The classes were not always easy and he struggled a few times throughout his educational pursuits, but he never gave up. I am happy to say that Lee graduated this semester and is the first Muckleshoot Tribal Member to become a Marine Biologist.

GRC-MTC Office Intermediate Program Student of the Quarter

Shalaura Jansen



is proud to announce Shalaura Jansen as the "Student of the Quarter" for the GRC-MTC Office Intermediate Program.

At the Muckleshoot Tribal College we are always seeking to help and provide an environment for our students to grow as individuals, learn new things to add to their skill set, and to actively do their best to be a success. Shalaura exemplified these qualities through her dedication and effort throughout the quarter as she successfully completed the program.

And with this recognition we like to congratulate and encourage Shalaura to continue to keep up the great work with her academics and her future endeavors.

MTC & RTC HS21+ PROGRAM

CONTACTS: Cary Hutchinson ABE/GED Instructor

Cary.Hutchinson@muckleshoot.nsn.us 253-876-3375

Melissa Reaves ABE/GED Instructor Melissa.Reaves@muckleshoot.nsn.us

253-876-3256

RENTON **TECHNICAL** COLLEGE

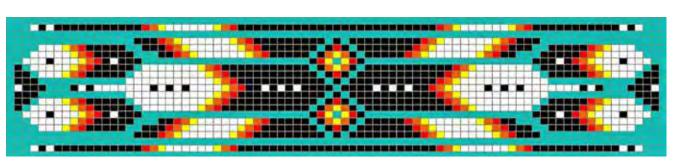
Are you over the age of 21? Did you not finish high school but would like your diploma? Were you just 6 or less credits from graduating? Do you feel your life experiences should count for something? Do you want a diploma and not just a GED?

If you answered "yes" to these questions, then what are you waiting for?

Let's get that diploma!!







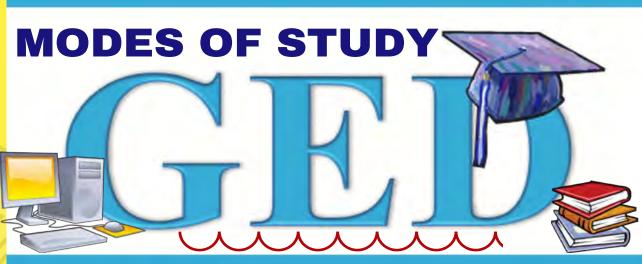
IN CLASS HELP

Classes are offered Monday - Thursday. They will be on an alternating morning and afternoon schedule to accommodate different schedules.

The four test subjects are rotated as well for student convenience. A calendar is posted monthly with class schedules.

GED ACADEMY

An internet based program that allows a student to study anywhere they have an internet connection and a computer. The program is set up to teach only the topics needed to pass the GED test and continually adjusts to address individual needs. If needed, a companion book can also be used.



INDIVIDUAL TUTORING

Both instructors are available for individual tutoring Monday - Friday on both a walk-in and scheduled basis. The best times for instructor availabilities are:

- o Mondays 9am to 3pm o Tuesdays 12pm to 3pm
- o Wednesdays 12pm to 3pm
- o Thursdays 12pm to 5pm
- o Fridays 12pm to 5pm (Times subject to change.)

SELF-PACED STUDY

Students are welcome to study at their own pace.

HYBRID/COMBINATION

Students are welcome to and encouraged to use multiple modes of study to match their learning style, comfort level, and desired testing time frame.

> **CONTACT INFO: ABE/GED Instructor: Cary Hutchinson** 253-876-3375 **ABE/GED Instructor: Melissa Reaves** Melissa.Reaves@muckleshoot.nsn.us 253-876-3256 **Muckleshoot Tribal College**



APPLICATION PERIODS Hello FALL WINTER 2018 2019 JUNE 15TH Ост 26тн MIT Scholarship Program Phone: 253-876-3378 To To Aug 17TH DEC 7TH scholarshipsDepts fuckleshoot.nsn.us SUMMER SPRING visit; During our application periods visit our online application to apply 2019 2019 DEC 21ST APRIL 12TH https:// To To

MARCH 1st

Мау 24тн

Applications must be submitted 30 days prior If your term does not have a typical start date or schedule, call and email us pplications, paperwork inding, etc. takes 10 s days to pro

For more info about the ip Program,

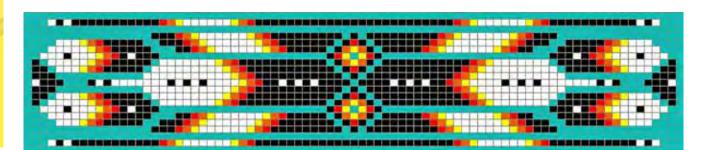
Are you a Muckleshoot Tribal member who is planning on attending college this Fall? If you are a new or returning student who has never used our scholarship portal, please

www.memberportal.muckleshoot.nsn.us

Then create an account and in about 24 to 48 hours you can begin the application process. The portal will be available between June 15 and August 17. For more information contact Melissa Scearcy at 253-876-3378



Believing in Education







Rosalie Fish (fifth from right) stands with members of Green River College's Board of Trustees and Executive Team after sharing her story at a recent Board

Running Start at Green River College -An Opportunity to Grow and Save Money

Did you know high school students in Washington State have the opportunity to earn college and high-school credit at the same time, saving thousands of dollars in tuition costs?

Running Start is a state-funded program that allows high school juniors and seniors the opportunity to take classes at a community or technical college tuition-free, including at Green River College. In fact, nearly 20 percent of Green River's Running Start students earn their associate degree simultaneously with their high school diploma.

Rosalie Fish, a senior at the Muckleshoot Tribal School, saw Running Start as a path to gain the skills she needed before attending a four-year university. While it was challenging at first, Rosalie

believes the journey has prepared her well for her next steps.

"There are no mistakes on taking an opportunity for your education," Rosalie said. "I didn't feel prepared for the change in expectations and class difficulties at first, but then things really clicked and I've come a long way."

Despite the quicker pace—topics that take a year to cover in the high school are taught over an 11-week quarter—Running Start students have access to Green River's free academic resources and support. According to Rosalie, those resources (and one instructor in particular) were vital to her journey.

"When I started I learned a lot of things the hard way," she explained. "One of my first instructors was Ian Sherman in

English, and he really understood how I needed to learn. It was great to have a class where you're able to connect."

Alongside the academic support, Running Start students can participate in the many Student Life events, activities and leadership opportunities. With 50+ clubs and organizations—including the First Nations Club—there truly is something for everyone on the campus.

Running Start students can choose to take all of their classes at one of Green River College's campuses instead of at their high school, or can try out one class at a time. With a variety of classes offered, ranging from career-training programs to associate degree programs, Running Start can help any student prepare for a brighter

When asked what advice she would give to a future Running Start student, Rosalie was clear:

"It's easy to feel discouraged, but you can do it."

Rosalie will graduate Muckleshoot Tribal School in June 2019, after which she will attend and run track for Iowa Central.

To participate in Running Start, students must demonstrate an ability to read college-level material, provide their own transportation and pay for textbooks and class fees. A fee waiver and book loan program is available to low-income students.

For more information about Green River's Running Start Program, or to sign up for an information session, visit: greenriver.edu/ runningstart.



Makoa Elgin attends U of Hawaii MÂnoa

In June of 2018, I received a call from a student by the name of Makoa Elgin. Makoa had recently graduated from Shore Crest High School with honors, and was accepted into both the University of Washington and the University of Hawaii MÂnoa.

Makoa reached out to the MIT Scholarship Program about what his next steps would be, to get enrolled into college. He made his decision and decided to proceed with MÂnoa. I asked Makoa if he had been to the college to do a campus tour, he had not. We left mid-June and flew to Honolulu,

completed his tour, got set up and enrolled in classes, beginning in August 2018. Now, after successfully completing with his first Semester at the U of H MÂnoa he is finding his way and excelling as he goes in his studies.

Makoa has big dreams of becoming a Marine Biologist working either with Muckleshoot Fisheries or continuing on in Hawaii with his family over on the Islands. Just wanted to give huge congratulations to Makoa on his journey into the next steps of life, and what he has to look forward to in his future.

Calling Muckleshoot Artists!

The Muckleshoot Culture Program welcomes enrolled Muckleshoot Tribal Members and descendants to partake in submitting up to 10 tribal art pieces. We are in the process of creating an artist registry! Each accepted piece will be compensated. Digital submissions preferred, please and thank you!



FURTHER INFORMATION:

Muckleshoot Culture Program 39015 SE 172nd Ave. Auburn, WA 98092 Phone: 253-876-3013

March 27 Community Training for Elders and Those Caring For Them

Assisting a family member or friend as an attorney in fact, informal support, or legal guardians can be overwhelming! Muckleshoot has a special opportunity to protect its Elders from abuse by informing our brothers and sister about best practices and available community

Please join us for an important training session on Wednesday, March 27, 2019 from 9:00am to 4:00pm in the Cedar Room at the **Muckleshoot Health & Wellness** Center. The session will cover four important topics, including: Adult Protective Services, guardianship, mental and medical health for elders, managing another person's finances, legal aspects of being a substitute decision maker, and inhome and tribal services.

This all-in-one session covers highlights from individual trainings held in July, August, September, and October of 2018. If you missed any of these well reviewed programs, this is another opportunity to expand or reinforce your knowledge from the experts.

The funding for this project was generously provided by the "Native Elders Abuse Innovation Awards." The University of North Dakota awarded the Muckleshoot Indian Tribe the grant to carry out activities to prevent, identify, and/ or address elder abuse, neglect, or exploitation in local tribal communities. The Muckleshoot Indian Tribe, along with the guidance of the Elders Committee, submitted an application to assist tribal members who are serving as substitute

decision makers.

ELDER ABUSE AT MUCK-LESHOOT. At Muckleshoot,

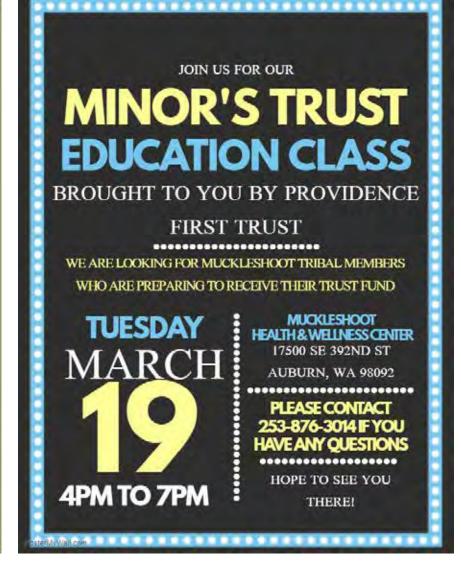
the types of elder abuse crime reported to staff include financial exploitation, forcing Elders to sell material goods, threats of neglect both physically and/or sexually, and withholding of care. From data collected from 2014 through 2018, the tribe received between 362 and 518 reports of abuse or neglect each year. Fully 75% of the reports involve financial abuse of an elder.

The education and resources provided through this training will help community members reduce abuse, navigate the court system, and access available community services more effectively to protect our elders.



WARMING SHELTER STAFF: "We couldn't do our jobs without all your support and just the caring you all give. Hugs and prayers for all daily to stay strong and to just love one another, share with one another and forgive one another. Thank you guys from our hearts to yours, Amen, Massi, and Aho." ~ Susan Starr





FREE WILL DRAFTING FOR MUCKLESHOOT TRIBAL MEMBERS, NON-TRIBAL SPOUSES,

AND MEMBERS OF THE COMMUNITY



Basic Estate Planning

Includes:

Power of Attorney

Healthcare Directive

Disposition of

Remains

• Will

Law Offices of Kate Jones

katejoneslaw@gmail.com (206) 370-1034 www.lawofficesofkatejones.com

Please call or email to schedule an appointment:

> Office hours are the first Wednesday of every month at the Philip Starr Building, Office #283.

SERVICES PROVIDED BY:



Law Offices of Kate Jones Wills & Estate Planning Services

12th Annual Casino Tribal Development Program Accomplishment Ceremony

"... it matters not what someone is born, but what they grow to be!" – Dumbledore, *Harry Potter and* the Goblet of Fire.

For over a decade, the Tribal Development Program (TDP) has had the privilege and honor of celebrating the accomplishments and career advancements of their hard-working, diligent and assiduous tribal member participants and 2019 was no exception.

Gathered in the Chinook/Coho Banquet Hall with members of the casino, the families of the participants and esteemed members of the Muckleshoot Tribe under a











Tribal Development Participant of the Month

Carrie Patterson Muckleshoot Casino's Tribal Develop-

ment Program is pleased to announce our participant of the Month, Carrie Patterson. Carrie Patterson is currently working as a Building Maintenance Engineer for the Engineering Department, and is close to

completing her fifth phase in the position.

She is currently working on Carpentry and

welding. Carries' trainer, Bob Datish, who nomi-

nated her says, "I do not believe I have ever experienced Carrie Patterson a negative interaction with Carrie. She is always positive and full of energy. I believe

Carrie having her baby has had a huge impact on her life and she loves to share that with everyone. I have enjoyed it.

"Carrie's no-nonsense approach and can do attitude are going to propel her to great heights in casino management. I like the fact that she looks at the casino with a solid sense of balance and calls things as she sees them, regardless of the politics. I would love the opportunity to retire under Carrie's leadership here at the casino one day."

Carrie enjoys Heavy Metal, Classic Rock and Hip Hop during her free time. She also recently completed the pre-apprenticeship program through Bates Technical College at the Muckleshoot Tribal College!

Congratulations & way to go, Carrie!



everyone congregated to commemorate the 12th Annual Accomplishment Ceremony.

It was January 25th, 2019 and the theme of the night was Harry Potter. The air was mystically dreamlike. The banquet hall pulled away





Fulfilling the spirit of the movies were Conrad Granito (General Manager) dressed as Dumbledore, Lindsey Woelk (Talent Development Administrative Assistant) as Professor Trelawney and Charlotte Jerry (Tribal Development Specialist) as Bellatrix LeStrange.

The ceremony began with a wonderful opening prayer, given by Warren KingGeorge who introduced the spirit of celebration and gratitude with immense reverence. He was followed by inspiring opening remarks given by Muckleshoot Tribal Councilman Jaison Elkins.

Carrying everyone through the entirety program was emcee Huda Swelam (Tribal Development Manager) who, joined by Conrad Granito and members of the various departments' management, extolled all our participants moving through phases and all our graduates.

The Tribal Development Pro-

gram is immeasurably grateful for the level of support and encouragement that was displayed at this year's Accomplishment Ceremony. We are looking forward to the upcoming year's accomplishments and even more so to celebrating them at the turn of the new year!





We'd like to once again congratulate the following individuals for their accomplishments!

PHASE MOVEMENT RECOGNITION

Finance:

Andy, Kristina - Phase 1 Giauque, Jordan - Phases 1 & 2 Morrison, Della - Phase 2 Moses, Shianna - Phases 1-5 West, Natasha - Phases 5 & 6

Food & Beverage:

Jerry, Jeanne - Phases 6 & 7

Gaming:

Borrego, Marilyn - Phase 1 Butler, Stephanie - Phases 3-6 Redthunder, Robert - Phases 2-4 Williams, Valerie - Phases 3-9

Human Resources:

Jerry, Charlotte - Phase 1 LaClair, Janet - Phase 1 Ramirez, Johnelle - Phase 5 Tecumseh, Roberta - Phases 5-8

Marketing:

Comenout, Dareece - Phases 1 & 2

Support Operations:

Buchanan, Cole - Phases 1-4 Cabanas, David - Phase 4 Cross, James, Jr. - Phases 1-2 Lobehan, Richard - Phase 1 Patterson, Carrie - Phases 1-4 Rodrigues, Whitney - Phases 1-3 White, Danny - Phase 1

GRADUATES RECOGNIZED

Finance:

Andy, Ambrosia – Accounting Technician Garcia, Emma - Accounting Technician Lozier, Trisdin - Finance Clerk III

Gaming:

Borrego, Marilyn - Table Games Floor Supervisor

Human Resources:

LaClair, Janet - Tribal Development Specialist

Information Technology:

Johnson, Justin - IT Supervisor Oliver, Shawn - IT Service Desk Specialist Ross, James, Jr. - IT Service Desk Specialist

Marketing:

Jerry, Charlotte – Promotions Specialist Simmons, Joylene - Gift Shop Supervisor

Support Operations:

Business Leadership: McDaniel, Jesse - Finance Simmons, Monica - Gaming

Baker, Robert - EVS Supervisor

Pedro, Anita - Food & Beverage Simmons, Tyrone - Marketing





* Accomplishment Ceremony







MUCKLESHOOT INDIAN CASINO TRIBAL DEVELOPMENT PROGRAM 01.25.19

P10 February 15, 2019 TRIBAL SCHOOL TO Muckleshoot Messenger

MTS Kindness Team Visits Elders

The Muckleshoot Tribal
School Kindness Team visited
the Elders complex on January
7, 2019. With the guidance of
Leslie LaFountaine and Cinnamon Enos, the MTS Kindness
Team made Winter Health Tea
comprised of Rose Hips, Licorice
Root, Raspberry Leaf, Mullein
and Elderflower. The students
gifted the tea to the elders during
lunch along with serving up Dandelion Root Latte tea.

The MTS Kindness Tea is comprised of nominated students in Kindergarten thru 5th grade. The students are introduced to service learning, serve as role models for their peers, are in charge of acknowledging Kind deeds done throughout the school and assist in organizing and planning celebrations of staff members at MTS.

Members of the MTS Kindness Team include:

Elizabeth Williams Clara Robinson Jeraka Min Zoey James Kiana Dominick **Lorraina Cross** Lyric Lozier Valerie Starr-Williams Ta'Myah Courville Soledad Flores Kimmy Lozier Taevin Jansen Mayelah Simaj Moses Diego Ramirez Sariah Walden Harley Jansen Nayeli Rodriguez Nicole Daniels Raymond Hopper Advisor: Erika Gonzalez





















MTS Winter Sports Update

Varsity Wrestling

The Boys (Adna) and Girls (Sedro Wooley) Regional Qualifiers scheduled for Saturday, February 9 was cancelled. Therefore, all participants have qualified for the State Tournament, which takes place *Friday*, *February 15 and Saturday*, *February 16* at the Tacoma Dome!

State Qualifiers Include:

Boys: Nate Ward Hahn, Izreal Judson Elkins, Armando Luna Selgado, and Anthony Crombie. Alternates include Noah Arvizu and Skylar Carey Girls, as alternates: Taleah Vaomu and Tehya Jackson

This is the first time MTS has had multiple state qualifiers in wrestling! The wrestling team had a record number of girls and boys that came out this year. They also took a group of students to Orlando, Florida to compete in the 2018 KSA Events Classic Wrestling Tournament over Christmas break; while there students competed against opponents from New York, Florida and California. They also had the opportunity to visit Universal Studios.

Middle school wrestling recently started. Their first meet will be on February 28 at Olympic at 3:30 and their first home meet will be on March 5 vs Cascade at 3:30.

Girls Varsity Basketball

On February 7 the girls basketball team clinched the District 2 #3 seed with a thrilling overtime victory (43-39) over Tacoma Baptist and will be advancing to the Tri-District 1B Playoffs. They finished their regular season with a 9-4 overall record in conference play, which was good enough for second place in the SeaTac East Division, they were 13-9 overall and are playing their best basketball down the stretch.

asketball down the stretch.
Their first Tri District playoff game against Lopez

Island scheduled for February 9 was moved to Thursday, February 14 because of inclement weather in the area. The weather really wreaked havoc on post season scheduling and play.

This has been a great season for a very young team—there is not a senior on their current roster. Although the season is not over the future looks bright.

Boys Varsity Basketball

The boys varsity basketball team clinched the Sea-Tac League Boys' Basketball Championship on February 7 by beating Concordia Christian 59-44! This is their second consecutive championship! Good work Boys!

The boys are the representing District 2 as the #1 seed in Tri-Districts. This senior laden team is currently 13-0 in league play and 20-3 overall. Six seniors were recognized in their final regular season home game on January 30, when they defeated Auburn Adventist 77-43.

Their NEXT game is scheduled for **Thursday**, **February 14 at MTS for 5:30 p.m.** vs Cedar Park Christian. It has been an exciting season for the boys as they look to go deep into the post season with a trip to Spokane for the State Basketball Tournament the last week in February.

Middle School Girls Basketball

The first girls middle school basketball game against Heritage, which was originally scheduled for Mon-day, February 11 has been RESCHEDULED for Thursday, March 21 at 3:30 at MTS.

Thank you to everyone for understanding the inclement weather we have been having lately and our need to be flexible with schedules for the safety of our students and families, the safety of our competition and their families, the safety of our school staff, and the safety of the officials.



Congratulations
Muckleshoot Kings
SeaTac League Champions!





Juniors & Seniors attend **EXCEL Camp at WSU**

EXCEL Camp 2018 is hosted by Washington State University's Native American Programs. The Exploring College Emerging Leaders Camp is a way for Native American high school juniors and seniors (G.P.A. of 2.75 and above) to get a taste of college life at WSU through hands-on activities, workshops and more!

The MTS students who were accepted into the program this year were Shayna Brown, Taneesha Marquard, Nolan Milne, and Fabian Mondejar.







K-5 Students take Reading Winter Challenge

Over Winter Break, our K-5 MTS students had a reading challenge called, "Reading My Way Into the New Year, #Reading Res olutions." We challenged all our students to keep up on their reading during their time off. All students were acknowledged on January 11th. They received yummy pizza, a certificate, treat, and a juice box for their participation.

Our next reading challenge has started. We are challenging our elementary students to read as many minutes as they can. This challenge is called "For the Love of Reading," and ends February 20th. Questions, please contact your child's teacher.

Here is a list of those students who stepped up to the most recent

Winter Challenge: Rylan Lezard Clara Robinson Deannedra Sohappy-Takeal Leilah Queahpama Maylee Marter Alana Williams Valentina Olive Karmen Paul Kellyn Lozier James Lester Tyree Starr Brooklyn Thompson Flora Emery Taveyah Jansen Kimiella Lozier Jaleyah Williams Camisha WhiteEagle Jayde Louise Atimalala Loretta A. Weed Adrina White Ariel Lozier Karson Bennett Mor'Deicia Lester Rianna Thompson Skyleena Jansen Diego Ramirez Also, here are the top classroom winners: Mrs. Carissa Class 1st

Mrs. Heather Class 2nd

Mrs. Emerich Class 3rd tied with 4th

Meet Some of Our Classroom Teacher Winter Challenge Participants



Favorite book: Morris the Moose Goes to School by B. Wiseman Favorite place to read: In my classroom!

Favorite Author: Mo Willems Favorite Quote: "For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone." –Audrey Hepburn



Ms. Tammy

Favorite Book: Hard to pick, right now I am enjoying the Stephanie Plum series

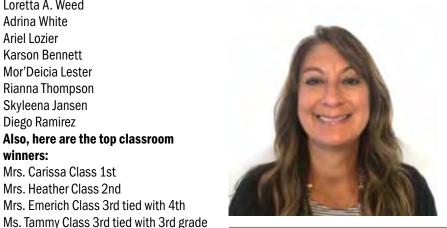
Favorite Author: Janet Evanovich **Place to read:** Everywhere – anytime I have down time or waiting somewhere

Favorite Quote: "You can never get a cup of tea large enough or a book long enough to suit me." – C.S. Lewis



Mrs. Lori

My favorite place to read: my recliner by the fire Favorite Author: E.B. White Favorite Book: Charlotte's Web Favorite Quote: "You can find magic wherever you look, just sit back relax and open a book!" by Dr. Seuss



Mrs. May

Favorite place to read: I love to read in the sun by the pool. **Quotes from my favorite book:** "The world was hers for the reading." AND "Oh, magic hour, when a child first knows she can read printed words." -- Betty Smith, A Tree Grows in Brooklyn



WWU Hosts Future Native Teacher Initiative

The 2018 Future Native Teacher Initiative was hosted by Western Washington University, Lummi School, Ferndale School District and WEA. This Initiative was designed to increase the number of Native American/Alaska Native teachers in Washington State, this event was a two-day, hands on "teacher camp" led by teachers and leaders from Native American/Alaska Native communities. Muckleshoot Tribal School students who attended were Nolan Milne, Fabian Mondejar, Taneesha Marquard, Magdalena Diaz and Jordan Stevenson.











Afterschool Is Cool

Currently, our 21st Century Afterschool Program services about 70 students 1st- 8th grade. Our program goal is to promote student success by implementing engagement through: small groups, technology, hands-on activities, school curriculum alignment, community service, out-the-classroom experiences, professional development for staff, best practice approaches, academically enriched learning opportunities, student voice, and community involvement.

In addition, our afterschool has been working on creating a partnership with the school teachers to help increase homework involvement, academic success, and behavior improvement all within a safe and friendly learning environment! During MAPs

testing (Winter 2018), many of our afterschool students made great academic gains. I raise my hands to those who have honored their commitment to stay afterschool for the benefit of our Muckleshoot students, and to those who have worked behind the scenes to make our program a successful one! You are greatly appreciated, admired, and respected!

AMAZING AFTERSCHOOL STAFF Afterschool Teachers

Melanie Struck Stacy McDougall Stephanie May Azure Augkhopinee Christie Kolbe Nikki Nachtsheim

Afterschool Para educators Tia Ward

Mary Goddard Jessica Michel **Becky Sheldon**

AFTERSCHOOL SUPPORT

We couldn't do this without you! Robin Price from King County Library Finance department Transportation Kitchen Crew Elementary and Middle School **Principals** Valerie Todacheene BIE Education **Program Specialist**

QUESTIONS?

Contact Burlene Padilla 21st CCLC **Afterschool Coordinator** Phone: 253-931-6709 ext. 3730 Burlene.padilla@muckelshoottribalschool.org

KING'S COLUMN

ELEMENTARY EDITION

Monthly Message:

ha?ł dadatu ?iišəd

I hope your holidays were warm and bright! Believe it or not, 1st semester ends on January 24th. This means we will have our 2nd Quarter Awards Assembly on January 30th. We look forward to seeing many of you there as we celebrate our students, your children.

We are also starting a new volunteer program at the elementary school called the King's Guard. Volunteers are needed to eat lunch with our students, supervise recess or PE, read to kindergartners, and much more! If you are interested in donating your time—once this year, once a week, for an hour, or for a day, we would be excited to have you! Please contact the elementary front office, fill out a background check form, and come make a difference!

King's Corner:

Tamara Zeitler, one of our 4th grade teachers, wants to celebrate Truth McDaniel.

"Truth McDaniel is making great strides in math this year. He is listening to instruction and asking for help when he does not understand. This growth is improving his confidence in his ability to do

WAY TO GO TRUTH!!!

Upcoming Elementary Events:

- 1/7/18 : Kindness Field Trip
- 1/9-1/11: Anti-Bullying Presentation
- 1/10/11:Pizza, Candy, Movie, 5:00 Building 4—Showing Incredibles 2
- 1/22/18: 5th Grade field trip to the
- 1/24/18: Culture Night, End of Seme ter, Culture Field Trip to the PTYC
- 1/30/18: Awards Assembly
- 1/31/18 Kinder Field Trip to the Zoo



1.8 MILLION

8,000

Students of the Month



Delight Vaomu

Ms. Tami's Student of the Month for October is **Delight** Vaomu. Delight has been working hard on completing assignments well. She enjoys writing and always puts in extra effort. She is careful to pay attention so that she can learn new skills. She has been making new friends as a new student this year. Her attendance has also been great.



Izaiah Wilson

Ms. Lori's student of the month for October is Izaiah **Wilson**. He is kind and caring towards his friends. He is helpful and willing to share. He is a good student and respectful.



Madeline Ross

Madeline is Mrs. Azure's student of the month for October. Maddie always tries her hardest and comes to school every day! Great job Maddie!!!



Jereka Min

Ms. Sarah's October student of the month is **Jereka Min**. Jereka is an amazing student. She works extremely hard every day. Jereka is a great friend to her classmates and always helps clean up after an art project. I am so glad that Jereka is in my class. Congratulations, Jereka!



William James

Ms. Violet's student of the month for October is William **James**. William is a model student who comes to school every day with a positive attitude and a willingness to learn. He is respectful to his peers and adults. We love seeing him every day.



Valerie Starr-Williams Mrs. Campbell's student of the month for October is Valerie Starr-Williams. She is thoughtful and gives a hand to anyone in need. She is respectful to all adults. She

shows up each day ready to



Kristen Thompson

Ms. Connie's stude of the month for October is **Kristen Thompson.** She comes to class happy and works hard. She is currently working hard on learning all her reading sight words. WOW! I am very proud of her. Keep up the good work!



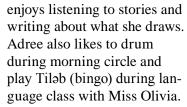
Haley Fahrenkrug

Ms. Bybee's student of the month for October is Hailey Fahrenkrug. Hailey's attendance and handwriting has improved. She is making more academic connections this year. Socially, Hailey is talking more within the classroom. She always comes to school with a happy smile on her face.



Adrilynn Rincon

Adrilyna Rincon is Ms. Isabelle's student of the month for October. Adrilyna (Adree) is a very kind student who gets along with everyone in the class. When she is at school, she works very hard to learn all she can. She really





Nate Elkins

Ms. Emerich's student of the month for October is Nate **Elkins**. Nate is a nice friend to his peers. He is always willing to help around the classroom and enjoys being involved. He is great at motivating others and is a ole-model. Good Job Nate, we are proud of you!



Cam'Ron Moses

Cam'Ron Moses- Cam is Ms. Carissa's Student of the month for October. Cam'Ron is a hard worker and always tries his best. He is friends with everyone and I can always count on him to help out a friend in need. Thank you Cam for being awesome!



Kanti Penn

Kanti Penn is Ms. May's Student of the Month for

October. Kanti has been working at being a capable second grader. She is solving problems and completing her work. She is also being a good friend and helper in our classroom. We are glad that Kanti is in our class!



Nicole Daniels

Nicole Daniels is Ms. Teresa's October student of the month for Language. She is an amazing student. Nicole listens, follows along and finishes all of her work when asked.



Aaron Ramos

Ms. Crystal's October student of the month is **Aaron** Ramos. Aaron is a positive student and a caring young man. He always tries his best in class, even when it is hard. And he always tries to help and care for others, even when no one is watching.



Tyla Freeman

October's SOM for our fourth grade classroom is Tyla Freeman. Tyla is newly enrolled this year, and has done a fantastic job adjusting to new school wide expectations! She tries her best and can always be counted on to be on task. She is also a kind friend, always willing to lend a helping hand to those in need. We are so glad she joined us the year! Congratulations Tyla and keep up the good work!



Saniah Leonard-Dominick

Saniah Leonard-Dominick is our student of the month. Saniah is a true leader who likes to help her peers as needed and tries to refocus their behaviors. She works hard and attends school daily. She is working extremely hard on her reading and loves to complete all her homework as soon she gets it. She shows a great deal of interest in her academics and has a great attitude. I love the way she is always so willing to help with whatever task I may ask of her! Way to SHINE, Saniah!!



Ebony Aho

The student of the month for October in Ms. Tara's class is Ebony Aho. This month our class worked on kindness. Ebony embodied this characteristic everyday. Ebony is always kind and helpful often doing things before anyone asks and always saying only nice words to her classmates. Ebony keeps a positive outlook on her learning even when things get difficult. She is a wonderful friend and we are happy that she is a part of our class.



Zoey James

K-1 Language October SOM is **Zoey James**. Zoey is always ready and excited to learn language, she picks up our language very well and her peers sometimes look to her for help. She is such a sweetheart!



Emily Dais

Emily Dais is the student of the month for Culture class! Emily is an awesome student she is respectful to herself and her peers! She comes to class ready to learn and works hard to complete her projects! Emily is an awesome student! Way to go Emily!



Maxine Starr .Ms. Haworth's October student of the month is Maxine Starr. Maxine is always at school ready to learn, she is helpful to others in the classroom and rarely needs reminders to stay on task. Maxine is a friend to her classmates and is a great leader in the classroom. She is always working hard and doing her best!

Students of the Month



Kylee Eyle

Kylee Eyle is Ms. Lori's student of the month for November. She is a friend to all. Kylee is a good reader and kind to everyone. She is good listener, does her work and helps others!



Allison Carbajal-Starr Ms. Haworth's November student of the month is **Allison**. Allison is very responsible and respectful in class and around the school. She always comes to school with a smile and works her hardest no matter what troubles come her way.



Cayuse McCloud

Ms. Tami's November Student of the Month is Cayuse McCloud. He works hard and tries his best. He is a good friend to his classmates and does a great job of being a friend to everyone. Cayuse is at school almost every day. He loves sports and shows good sportsmanship.



Jovahn Munson November's SOM for Ms. Stephanie's 4th grade classroom is **Jovahn Munson!** Jovahn shows up to school every day and works hard in not only his studies, but in following classroom expectations. Whether staying on task and finishing his work, or going out of his way to help clean up the class- he can always be counted on and is a great example for others

to follow! Congratulations Jovahn and keep up the good



Kadence Brown

Kadence is Mrs. Azure's student of the month for November. Kadence is a rock star reader and math wizard. She always comes to school and is a good friend to everyone! Good job Kadence!!!



Kimiella Lozier

Ms. Carissa's student of the month for November is Kimiella Lozier. Kimi is a new addition to our school this year and she has quickly made new friends. She is very kind and always on task. I can always count on her to help out her friends when they need it. Thank you Kimi for being awesome!



Braydn Wilson Bradyn Wilson is Ms. Sarah's November student of the month. He always works hard and is kind to everyone he meets. Bradyn is a wonderful student and an outstanding person. I am so happy that he is in my class. Congratulations, Bradyn!!



Zakoda Elkins

Zakoda Elkins is Ms. Isabelle's student of the month for November. Zakoda is a really happy and well-rounded student who always has a smile on his face and is ready for action. Zakoda loves listening to stories and talking about them too. He is picking up reading very quickly and is already working on his 1G words in a small group with two other students. Zakoda

is a great pitcher in our daily kickball games and he loves striking kickers out too. He is also kind-hearted and likes to help those students who are struggling learning a new concept. Keep up the great work Zakoda!



Karley James

Ms. Violet chose Karley **James** to be her student of the month for November. She comes to school every day ready to learn. She has such a strong work ethic and shows respect to her peers and teachers. Karley just completed a report on Justin Bieber and went into the kindergarten classes to present it. Karley is a wonderful student and a joy to have in class!



Loretta Weed Loretta Weed is Ms. Emerich's student of the month for November. Loretta has an eye for detail and really puts in her best effort with her work. She is always looking to help others and help around the classroom. Loretta is a role-model for her peers. Awesome Job Loretta!



Jayson Allen-Sanchez

Mrs. Campbell's student of the month is Jayson Allen-Sanchez. Jayson is a kind and caring child. He respects his teachers, his classmates and all that is around him. He listens closely during all activities and stays involved with all discussion.



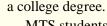
Jesse Jerry Jesse Jerry is Ms. May's



MTS students attend NAYLE Retreat at EWU

Native American Youth Leadership and Education (NAYLE) retreat is a three-day program for Native American youth in grades 10-12 in the Pacific Northwest. The retreat is hosted by Eastern Washington University and encourages Native American Youth to remain strongly rooted in their indigenous traditions while working toward





MTS students who attended were Erick Elkins, Brian Luangrath, Fabian Mondejar, Richard Penn Jr., Guenavive Arvizu, Monique Brace, Erika Elkins, Miranda Jackson Ward, Taneesha Marquard, Cecilia Reyas, Jordan Stevenson, Taleah Vaomu, and Leah Werner.









Student of the Month. He is always willing to share his ideas with the whole group. He wants to do his best on assignments and finishes all of his work. He helps out in the classroom and is a good friend to classmates. Jesse is a leader and role model for students!



Marisol Cortes

Marisol Cortes was chosen for Ms. Tara's November student of the month because she has embodied perseverance. Marisol has continued to keep trying when academics get tough, all the while keeping a positive attitude. She has practiced saying "this is hard, but I'm going to keep trying" and "I can't do this...yet". She has also spent time outside of class to complete IXL math assignments both in the evening and the morning before school. Marisol is a wonderful student and friend to have in class.



Mazzy Starr

Mazzy is a dedicated student who always tries her best. She is quiet and focused in class, and is a great friend to all. She shows leadership and models excellent behavior in circle as a member of Performing Arts.



Alana Williams

Alana Williams is the student of the month in Ms. Heather's class. We chose Alana because she has excellent

attendance and tries her hardest every day! She is a great student who demonstrates the qualities of a leader. Whenever a student needs helps she is always one of the first students to jump up and help in any way that she can. She truly enjoys learning and her quality of work shows how much she has grown since first entering our classroom.



Brooklyn Thompson

Ms. Lavonna's 2nd - 3rd grade bəqəlšułucid(Muckleshoot language) class bəqəlšulucid dxwxxwudxwud ?ə tə słukwaləb Muckleshoot Language Speaker of the Month is **Brooklyn Thompson**. She loves to participate in our daily language time and comprehends our language sound system very well. Brooklyn is a kind/intelligent young lady, she always keeps trying and never gives

Ms. Connie's SOM for November is...Kimariya! She comes to class happy and she works hard. She is currently at grade level on her math fact fluency. Kimariya can add/subtract numbers to 10 quickly and correctly. WOW! I am very proud of her. Keep up the good work!



Lilian Carey

Lilee is Ms. Jolene's student of the month for Culture. She is always excited to learn to make something new. She stays on task and even becomes a teacher to help others. Thanks for being excited to learn, Lilee!



Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

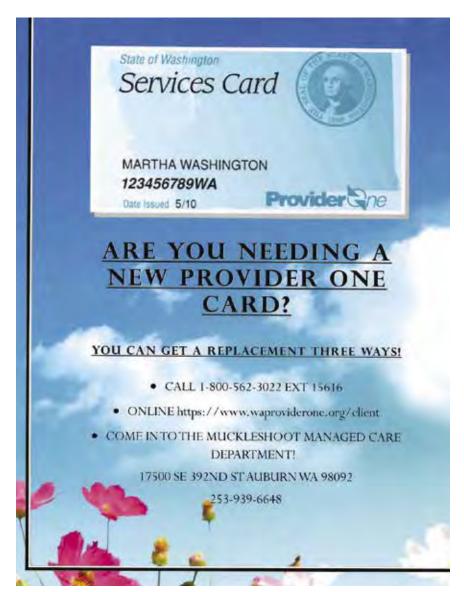
If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you CHS Team (253) 939-6648



ATTENTION TAX FILERS



If you had health insurance in 2018 you will likely be receiving forms from either the Washington Health Benefit Exchange or your employer. These forms are used when filing your income taxes. These are the names of the forms and what they mean:

1095-A- Is for:

- Customer enrolled in a Qualified Health Plan, purchased through the exchange.
- This will be mailed to you by Washington Healthplanfinder.
- If you have questions regarding how this form is used please see your tax preparer.

1095-B Is for:

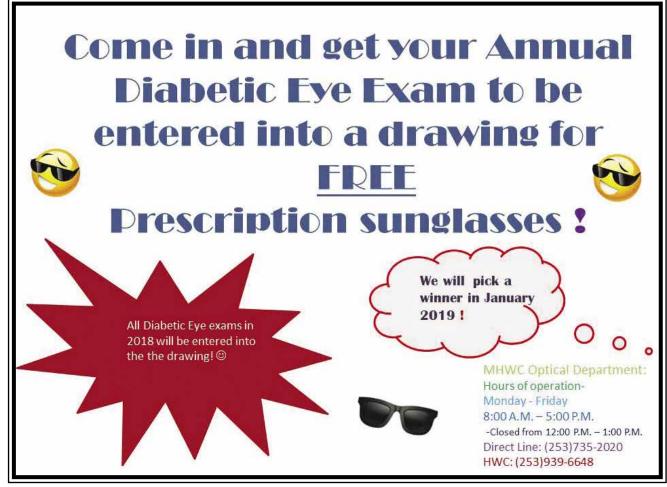
- Customers Enrolled in Washington Apple Health, also known as Medicaid.
- It is important to keep this form for your records even if you do not file a tax return.
- This form will be mailed to you by the Washington Health Care Authority.
- This form serves as proof of minimum essential coverage for the year.

1095-C is for:

- People who have employer sponsored insurance.
- Form will list all covered individuals under your employer provided health insurance.
- This form serves as proof of minimum essential coverage for the year.
- This form should be mailed to you by your employer by March 31^{st} .

ANY QUESTIONS, FEEL FREE TO STOP BY THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER!









Muckleshoot Health & Wellness Center

17500 SE 392nd Street, Auburn, WA 98092 Main Line: (253) 939-6648

| DEPARTMENT: | PHONE: | HOURS: |
|---|-------------------------|--|
| Behavioral Health Mental Health & Chemical Dependency | (253) 804-8752 | 8:00am – 5:00pm |
| Community Health/CHR's | (253) 939-6648 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| Dental Clinic | (253) 939-2131 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| Family & Youth BH Services Youth Mental Health & Chemical Dependent | (253) 333-3605 lency | 8:00am - 6:00pm |
| Medical Clinic | (253) 939-6648 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| MEIHSS Elders In-Home Support Services | (253) 876-3050 | 8:00am - 5:00pm Closed Lunch: 12:00p-1:00p |
| Optical Clinic | (253) 735-2020 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| Pharmacy | (253) 333-3618 | 8:00am – 6:00pm Lobby Closed 5:00p-6:00p Walk-Up window open 5:00p-6:00p |
| PRC formally named CHS Purchase Orders | (253) 939-6648 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| Recovery House | (253) 333-3629 | 24 hours |
| Registration Department | (253) 939-6648 | 8:00am – 5:00pm Closed Lunch: 12:00p-1:00p |
| Wellness Center | (253) 333-3616 | |
| Gym Hours | | Monday – Friday 6:00am – 9:00pm Saturday 8:00am – 5:00pm |
| Pool Hours | | Monday - Friday 6:00am - 8:30pm Saturday 8:00am - 4:30pm |
| WIC Office | (253) 939-6648 | Thursdays ONLY 8:00am - 4:30pm Closed Lunch: 12:00p-1:00p |



Are You Prepared for a Dental Emergency?

GUIDELINES FOR MOST COMMON DENTAL EMERGENCIES

Toothache: Rinse your mouth gently with warm water to clean

it out. Never put an aspirin tablet or any other pain reliever against the gums near the aching tooth. This won't relieve the discomfort and could burn your gum tissue, adding to the problem. Take a recommended dose of pain reliever, ibuprofen (Advil) is best, with a full glass of water.



Don't rely on pain relievers long-term. You may be temporarily more comfortable, but the problem won't fix itself. Contact the dental clinic as soon as possible for help.

Knocked-out tooth: First, stay calm and try to find the tooth! This may take a bit of looking, as these emergencies often occur while on a playground, a basketball court or while biking or skateboarding. Rinse the tooth off gently with water, without any scrubbing or use of a toothbrush. Keep the tooth wet in a cup of milk. There is a chance that these teeth can be successfully splinted back in place and will function as normal. Time is of the essence, so contact the dental clinic as soon as possible.

Broken tooth: Rinse your mouth gently with warm water to clean it out. The tooth will likely be sensitive to hot and cold, so covering it with a wet piece of gauze or facial tissue will keep you more comfortable. Contact the dental clinic as soon as possible.



Facial, tongue or lip wounds: Clean the area gently with a clean damp washcloth and apply cold compresses to reduce swelling. A good cold compress is a baggie of ice wrapped in a cloth, applied repeatedly for 15 minutes on and 15 minutes off for the first few hours. Facial wounds can sometimes bleed a lot. Apply direct pressure to the wound with a clean cloth to slow and stop any bleeding, but you should go to the emergency room if the bleeding continues or concerns you. If it ever feels like your teeth don't fit or close together normally after any facial impact or injury, this could be from a broken jaw. You should go to the emergency room immediately.

Objects stuck between teeth: The most common culprits are popcorn husks! Try to gently remove the object with dental floss. Never use a pin or other sharp instrument to try to remove the object. If you can't get the object out, contact the dental clinic and we will help you.

A temporary or permanent crown comes off:

The tooth will likely be sensitive to hot and cold. Place a small dab of drugstore denture adhesive or Vaseline in the crown and set it back on the tooth. This should control any sensitivity and keep the crown in place, but be very careful to avoid chewing on the tooth or the crown could come back off. Contact the dental clinic as soon as possible to have the crown recemented properly.



Our goal in the dental clinic is always to keep you comfortable, whether you are having a dental emergency or not. Feel free to call us anytime with any dental questions you may have (253-939-2131). You should always call the dental clinic immediately for instructions on how to handle any dental emergency during weekday business hours.

Hatha Style Yoga

Join us in our new upcoming yoga class!

Hatha is the practice of physical yoga with a main focus of posture and a great way to work on dynamic stretching!

Starting 11/28

Classes will be held:

Wednesday 4:30 pm Saturday 10:00 am

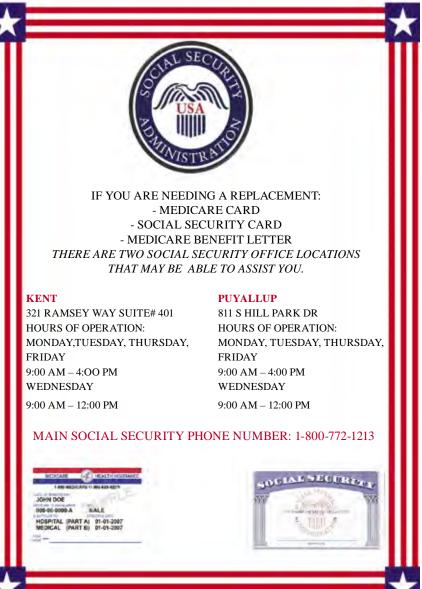
bathroom scale and find out what your physical health really is. Scales give you vague information and cannot tell the difference between fat, muscle, water, organs, etc. We have a tool at the Wellness Center that can measure your overall body composition and give you a <u>truer</u> insight to your physical health. Call the Wellness In under a minute see your: **Body Fat Mass and Percentage** Center at (253) 333-Cell Health 3616 to make an Total Body Water appointment or just Total Skeletal Muscle Mass come on in! Segmental Lean and Fat

Feathered Healing Circle
The Feathered Healing Circle is now having people call who need AA or NA meetings. Please call me to arrange a time and date for meeting. These meetings will also be on journey this year going to Lummi and Alcatraz. So just let me know you need a meeting. I will travel within Auburn area. Call Cynthia Lozier, 253-218-5542



February 15, 2019 **P15**





Native Community Helpers

A Community Wide Effort to Prevent Suicide

Native Community Helpers are Community Members who are trained in Suicide Prevention.

This program was started to empower Community Members to help friends, family and loved ones who are struggling

with suicide by providing training, education and ongoing support from **Behavioral Health Program** on suicide prevention.

The first step to join this effort is completing a Native **Community Helpers Training on suicide** prevention offered monthly

by the Behavioral Health Program. The training includes learning how to identify individuals at risk, learning the warning signs, resources available in community and how to support anyone at risk in seeking professional help. It's an opportunity to take an active role in supporting the Community and save lives.



All Community Members are welcome to participate in these monthly trainings. So far, over 80 Muckleshoot Community Members have completed this training since September 2017.

> Following completion of the training, each Member is invited to monthly

Native Community Helper Meetings where Community Members take an active role in determining the Community's needs around suicide prevention and receive additional training, education and support from Behavioral **Health Program facilitators** tailored to these needs.

Sign up one of these ways:

- **Call Behavioral Health Program:** (253) 804-8752
- Send a text message with your name:
- (253) 740-4586
- Go to this link to sign up: http://surveyanyplace.com/s/qtxbej

To get help for yourself or someone you know to Prevent Suicide call: Behavioral Health Program at: (253) 804-8752 King County Crisis Line after hours at: (206) 461-3222 In an Emergency call: 9-1-1

"I like how [BHP

facilitators] give us ideas of

things to say in time of need

&how to notice signs of

depression& signs of

suicide"- Mary Weed, a

Native Community Helper

Child Find Screening

What is a Child Find Screening?

Screening is a **free** check of your child's development–including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376th St Auburn WA 98092 253-931-6709 Ext 3700

Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376th St Auburn, WA 98092 253-876-3056 Ext 3922

6pm

FENTANYL WARNING

Fentanyl is causing an increasing number of deaths in King County.

Most drugs can be cut with fentanyl.

Fentanyl has been found locally in fake oxycodone pills & in white and blue powders.













What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!

By offering Needle Exchange Services it takes injection needles off of the streets and out of the community.

It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal.

It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

Muckleshoot Behavioral Health is now offering Needle Exchange Services starting

January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



HOW TO AVOID OVERDOSE



DO NOT USE ALONE



START WITH A SMALL AMOUNT

Fentanyl is a potent drug about 100 times more powerful than other opioids.



WATCH AND WAIT BEFORE THE **NEXT PERSON USES**



HAVE NALOXONE READY

You can get Naloxone at the Needle Exchange.



AN OPIOID OVERDOSE IS A MEDICAL EMERGENCY, CALL 911 RIGHT AWAY

Washington's Good Samaritan Law helps protect you.

TREATMENT WORKS

Call the Recovery Hotline at 1-866-789-1511 Or visit www.stopoverdose.org

NOTICE:

The Feathered Healing Circle will meet on Wednesday at 5:00 PM - Cynthia Lozier

Muckleshoot Behavioral Health Program



Anger Management Class

Open to Join Anytime!

Every Thursday

1:30pm-3:00pm

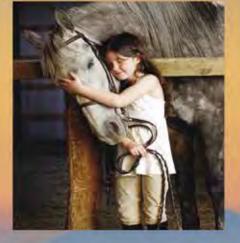
Facilitated by: Dr. Sarlak

Meets Court Requirements

For questions or more information, contact:

Muckleshoot Behavioral Health Program (253) 804-8752

Healing with Horses Group



Come Join The Horses Every Wednesday, 1-3pm

Spend healing time with Horses at the Blue Barn

Open to join any time. Just show up!

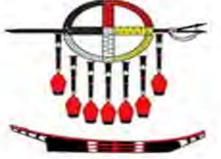
All Community Members Welcome

Blue Barn: 38122 180th Ave. SE, Auburn 98092



For more info, contact: Karyn Cross-Sarabia @ the Behavioral Health Program: (253) 804-8752

MUCKLESHOOT BEHAVIORAL HEALTH



Muckleshoot Resources Behavioral Health Gambling Outreach Julia Joyce, MA, CDP is available Monday, Wednesday, and Friday 8am-5pm (253)804-8752 x3200

> Call and setup an informational session Local Gamblers Anonymous Meetings

Winner's Circle—Wednesday at 5:30pm, MIT Family Outreach Center

Tuesday & Friday Noon, South King County Alano Club Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

> State/National Resources Washington State Gambling Helpline 1-800-547-6133

Days

MONDAY

TUESDAY

THURSDAY

FRIDAY

SATURDAY

MUCKLESHOOT WELLNESS CENTER

GYM HOURS: MONDAY-FRIDAY 6AM - 9PM /

SATURDAY 8AM - 5PM

POOL HOURS: MONDAY - FRIDAY 6AM - 8:30PM / SATURDAY 8AM - 4:30PM

12 pm

Class

Fighter Fit

Boxing/Conditioning Class Obstacle Course Yoga

Stretching & Conditioning

ABC Circuit Step Class

> Cardio using steps and incorporates music and

Follow the Leader

Ninja Warrior

Spin

Cycle Class with Spin Bikes

Strength & Conditioning

WEDNESDAY Fighter Fit

Boxing/Conditioning Class Can be anything

Yoga

Stretching & Conditioning Class

Ninja Warrior

dance

Step Class

Cardio using steps and incorporates music and

Obstacle Course

Movestrong Circuit Training on the Movestrong equipment

Movestrong Circuit Training on the Movestrong equipment

ABC Circuit Strength & Conditioning

Spin

dance

Cycle Class with Spin Bikes

Brazilian Jiu Jitsu



- A NEW MEDICARE CARD IS COMING IN THE MAIL SOON SO BEWARE OF SCAM CALLERS.
- MEDICARE WILL NEVER CALL UNINVITED TO ASK FOR PERSONAL INFORMATION OR ANY INFORMATION REGARDING YOUR NEW OR OLD MEDICARE CARD.
- IF SOMEONE CALLS ASKING FOR ANY INFORMATION REGARDING YOUR **MEDICARE CARD...**

PLEASE HANG UP!

YOU CAN REPORT ANY SUSPICIOUS PHONE CALLS DIRECTLY TO MEDICARE AT #1-800-**MEDICARE.**



MANAGED CARE DEPARTMENT MUCKLESHOOT HEALTH & WELLNESS CENTER PH: 253-939-6648



The Healing Circle is open to all Muck-

leshoot Community Members to gain education on:

> Addiction, Grief & loss,

Problem gambling. Trauma, And to have an

opportunity to

share openly.

Muckleshoot Behavioral Health **Healing Circle**

Mondays 12:00pm-1:30pm



Location

Auburn, WA 98092

Muckleshoot Health & Wellness Center **Family and Youth Services** 17500 SE 392nd St

Please contact Julia or Aaron at 253-804-8752 with any questions

No sign up necessary, this is a drop-in



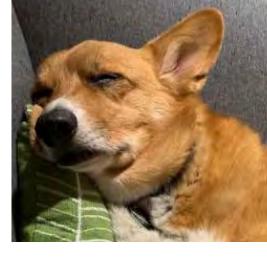
Sleep Hygiene: What it is and How to Start a Healthy Practice

By Katelyn Nies, Licensed Mental Health Counselor Muckleshoot Behavioral Health

Program Sleep is an important part of maintaining your mental and physical health, though many people struggle to get a restful night's sleep.

Surprisingly, sleep hygiene isn't about cleanliness. Sleep Hygiene is about habits and practices you maintain around your bedtime routine and night of sleep. Though many of us are very familiar with how a full night of rest can make us feel more energetic during the day, healthier, and generally in a better mood, often our routines around bedtime can become counterproductive to getting good quality sleep. So what can we do to change our nightly routine to get the best from our rest?

Start a relaxing bedtime routine. A regular routine becomes a signal to your body that it's time to go to sleep. Your nightly routine could include a warm bath or shower, reading a book, gentle stretching or yoga, or meditation. Just be sure it's something that's soothing, relaxing, and doesn't involve a screen (TV or phone time). Establishing a regular bedtime and



wake time (yes, even on weekends) can help immensely with troubled sleeping

Create a comfortable sleep environment. Discomfort can often be the cause of disturbed sleep. Keep your bedroom cool, avoid having phone and TV screens on or around, keep the room as dark as you can with curtains or blinds (use an eye mask if needed), and consider using white noise machines (these can be very affordable!) if quiet is hard to come by in your area.

Avoid TV or Reading in Bed. When you watch TV or read in bed, your body begins to associate the bed with wakefulness and it will be more challenging to fall asleep.

Refrain from napping. According to the American Sleep Association, naps can decrease our "sleep debt" that is needed when it's time to fall asleep, which can lead to difficulty going to sleep, insomnia, and sleep deprivation. If you must nap, keep it to 30 minutes or less!

Be Careful with Caffeine (and other **substances**). The effects of caffeine in coffee, tea, sodas, and energy drinks can last hours after ingestion and interfere with sleep. Keep consumption of caffeine to before noon. Nicotine from cigarettes and alcohol can also contribute to broken, fragmented sleep.

Exercise Regularly. Exercise helps us sleep continuously without waking for that satisfying, restful sleep. Exercise earlier in the day is most ideal when it comes to improving sleep hygiene.

If you don't think you can incorporate each recommendation into your life, that's okay. Make the changes that seem possible for your life and pay attention to any improvements in your sleep and level of rest you feel as a result!

Teen Dating Violence Awareness: Respect in Relationships

By Katelyn Nies, Licensed Mental Health Counselor

Did you know that February is Teen Dating Violence Awareness month? Dating violence happens between two people in a close relationship, which can be physical, emotional, or sexual and includes stalking. In one study by the Center for Disease Control, the rate of teen dating violence among high school students in Alaska Native communities is 13.3%, nearly 4% higher than the national average of 9.8%.

This month, advocates across the country are working together to raise awareness about dating violence and to promote healthy, non-violent relationships for our

Here are some ways to talk with teens in your life about teen dating violence and how to build respectful, healthy relation-

Remember Self-Respect

- Ask, "What do you like most about yourself?"
- Brainstorm with your teen ways they can show themselves respect!
- You deserve to be treated with respect and make decisions to keep yourself safe, comfortable, and healthy.

Don't Be Afraid to Discuss Dating

- Ask, "What are the dating relation*ships like for you and your friends?* What qualities are important to you in a person you date?"
- Talking Points: Things that make a relationship healthy and things in a relationship that are unhealthy.
- Emphasize the foundation of a healthy, happy relationship includes respect, safety, support, individuality, equality, trust, and communication.

Explain Personal Boundaries

- Ask, "What are some examples of someone saying or doing something that crosses your boundaries? How can you communicate your boundaries to others?"
- Define: Personal boundaries are like rules or principles you live by, when you say what you will or won't do or allow. Boundaries are a healthy, fundamental part of love and all relation-
- Highlight: Each person has different boundaries on what's okay or not. Treat others how they want to be treated and it's always helpful to ask them directly what they're okay with!

Identify Abuse

- Define: Abuse or violence in a relationship can include using harmful language, physical violence, or digital technology to control, pressure, or threaten someone.
- Emphasize: It's NEVER okay for anyone to use pressure, control or threats in a relationship. If you ever witness or learn about abuse, report it to a trusted adult immediately.
- Review: If you ever feel uncomfortable or unsafe in a relationship, resources are available to help. Talk with a parent, teacher, counselor, or helpline.

Resources: National Dating Abuse Helpline online at www.loveisrespect.org or by phone at 1-866-331-9474

Be sure to attend Muckleshoot Behavioral Health Program's Teen Dating Violence Awareness breakfast on March 6, 2019 at 9:00am at the Health & Wellness Center to learn more about this important

For additional information or questions, contact Christine Mandry at 253-804-

Muckleshoot Behavioral Health February 25, 26, 27, and 28, 2019 9:00am - 4:00pm





LUNCH WILL BE SERVED

At the Muckleshoot Health & Wellness Center Mountain Room

Gain an understanding of how to best help your family and your community enter into the recovery process.

Any Questions or to Sign Up Contact Julia Joyce or Aaron Soto at

Behavioral Health (253)804-8752



Muckleshoot Health & Wellness Center Hours

Monday-Friday

Gym 6:00am 9pm Sauna & Steam Room 6:00am 8:30pm Salt Water Pools 10:30am 8:30pm New Hours Daycare 9:00am 9:00pm

Saturday

Gym 8:00am 5pm Sauna & Steam Room 8:00am 6:30pm Pool 10am 6:30pm Daycare Closed

Muckleshoot Behavioral Health Program

Teen Dating Violence Awareness

Breakfast

March 6, 2019

9:00 am to 10:30 am

Health & Wellness Center Conference Rooms Open to All Community Members and Staff



Topic: Respect

Talk to your teenager. Teach them how to date, how to have respect for one another and how to protect themselves.

For More Information Contact: Christine Mandry, 253-804-8752 Muckleshoot Behavioral Health Program





Free Red Cedar & Douglas Fir Trees

Free Red Cedar and Douglas Fir Tree Starters for Muckleshoot Tribal Members

Building Maintenance will deliver and plant for Muckleshoot Elders 50 years old and older

Trees may be picked up during business hours Monday through Friday 7am - 4pm at Building Maintenance | 38805 172nd Avenue SE By Old Ball Fields and Sla Hal Shed

For delivery or additional information Call (253)285-4063

Available while supplies last

EMERGENCY CONTACT NUMBERS

FOR FIRE, MEDICAL, OR POLICE EMERGENCIES CALL 911 FIRST

- TRIBAL GOVERNMENT BUILDING AFTER HOURS EMERGENCY LINE (4PM - 7AM) (253) 561-1297
- GENERATOR ELDER AND TRIBAL GOVERNMENT BUILDING **EMERGENCY LINE** Gregorio (253) 409-3885 | Brook (253)736-3891
- SECURITY EMERGENCY LINE FOR EMERGENCIES, CALL 911 FIRST THEN SECURITY (253) 261-7707
- TRIBAL HOUSING EMERGENCY LINE (253) 261-0779
- PUBLIC WORKS EMERGENCY LINE (253) 876-3030
- **EMERGENCY MANAGEMENT** Ada McDaniel (253) 261-0779

Enumclaw Chrysler, Dodge, Jeep & Ram



- Preferred pricing for Tribal Members
- Good Credit/Bad Credit
- 98% Approval rating
- Referral Fees from \$100-\$500!
- Special Pricing on New and Used Vehicles
- Aggressive Financing Rates and Programs
- · New and Used Vehicles

For all Tribal Members Enumclaw **Chrysler Jeep Dodge Ram Is YOUR Store!**

Visit Us Today for YOUR Tribal Specials! Contact Josh Curley at 360.802.0200 www.enumclawCJD.com We have Special fleet pricing for tribal vehicles.







PENTECOSTAL NEWS

The church had special services with Andre Jackson who hails from southern California. Andre will return again in March to facilitate a three day workshop on discipleship training.

The Garcia family had a baby dedication of one of their newest family members.

The youth began youth services in January. They plan to conduct a service once a month.













RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister Sandy Heddrick, Assistant Minister Theresa Jerry, 1st Elder Lee Stafford, 2nd Elder Thadious Lozier, 3rd Elder Trudi Moses, Secretary/Treasurer Carl "Bud" Moses, Traveling Missionary

Muckleshoot Pentecostal Church Rev. Kenny Williams, Pastor

Sweat Lodge Doug Moses, 425-301-60811

Muckleshoot Pentecostal Church Kenny Williams, Pastor

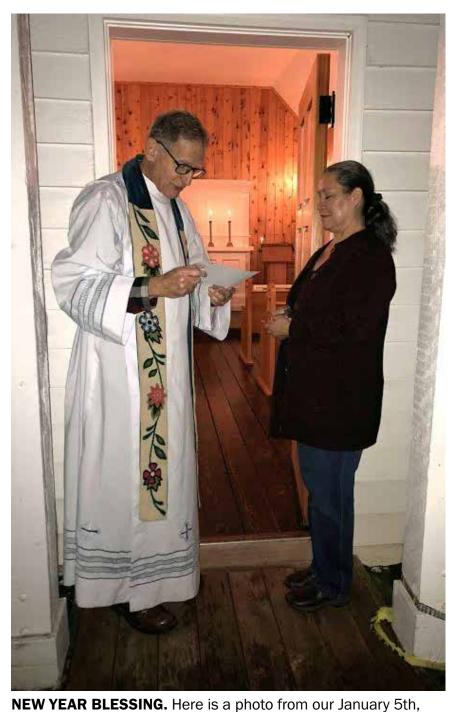
SCHEDULE

Church Service Sunday 10:00 AM 12:00 Noon Prayer Tuesday Meeting

Bible Study 6:30 PM Wednesday

Thursday 12:00 Noon Support Group Meeting Thursday 7:00 PM Spanish (language) Church

7:00 PM Friday Prayer Meeting 3rd Saturday 10:00 AM Prayer Meeting



2019 Mass, of Father Patrick Twohy and Mary Gallagher blessing the Muckleshoot Catholic church for the new year.

MCFS Angel Tree 2018 was a Huge Success!



Heartfelt Thank You to all those that contributed to the 2018 MCFS Angel Tree Program. We was able to provide gifts to 219 children this year!

YOUR CONTRIBUTIONS WERE GREATLY APPRECIATED! **WE LOOK FORWARD TO THE 2019 ANGEL** TREE PROJECT!

Muckleshoot Child

Contact Information for the MCFS Program

Address: 1220 "M" Street SE Auburn, WA 98002

Main Phone: 253-833-8782 Fax: 253-876-3095

CPS Intake Hotline for afterhours Call of Concern report of neglect/abuse:



MUCKLESHOOT CATHOLIC MASS

Saturday, February 2nd, 2019 Saturday, March 9th, 2019 Saturday, April 6th, 2019 Saturday, May 4th, 2019

All Masses are held at the little white church next to the Veteran's Building at 5pm on the day scheduled. We will have a meal to follow all Masses. If you have any questions please feel free to contact Stephanie James at

stephanie.james@muckleshoot.nsn.us



Muckleshoot Police Report



Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

December Weekly 2018

11/30/2018 C18051666 0947 Hours 38900 BLK/180th Ave SE Theft A homeowner called 911 to report someone was siphoning the gas from his vehicles. The incident was happening overnight and there were no suspect information or witnesses.

C18051693 17500 BLK/SE 392nd ST Disposal A deputy responded to the Muckleshoot Wellness Center to confiscate some drug paraphernalia that was left behind. The drug paraphernalia was later placed into evidence for disposal.

12/01/2018 1142 Hours C18051800 36800 BLK/148th Ave SE A deputy contacted a suspicious vehicle outside of a known drug house. The vehicle was occupied by two males with a long criminal history. The deputy identified the two individuals and one came back with a felony warrant. The male suspect was placed under arrest and later book into SCORE.

0012 Hours C18051764 2800 BLK/Auburn Way S A deputy contacted a man in a parked suspicious vehicle. When LD the man he learned that he had a warrant out for his arrest. The man was placed under arrest and later booked into SCORE jail.

C18051975 39800 BLK/Hwy 164 A deputy performed a traffic stop on a vehicle for an equipment violation. When he identified the occupants of the vehicle he realized one had a warrant. He placed the suspect under arrest and later booked him into SCORE jail.

12/02/2018 C18051877 2100 BLK/Auburn Way S Criminal Trespass A deputies contacted a male and two females at the Muckleshoot Bingo Hall. They were informed by Bingo Hall security that the male had been trespassed from the premises. Deputies placed the man under arrest and transported him to jail. One of the females had several warrants. She was placed under arrest and booked after receiving medical treatment.

C18052217 17800 BLK/SE 392nd ST A man called 911 to report a fraud. Apparently someone has been opening credit cards in his name. He received the cards in the mail but he never applied for them. There's no suspect information at this time.

C18052244 Deputies contacted multiple people that were loitering inside of a home near this location. The home is a known drug house and has a history of criminal activity. Two of men that were contacted had felony warrants. They were placed under arrest and later booked into RJC.

0811 Hours C18052174 2100 BLK/Auburn Way S A deputy contacted a female with a felony warrant at the Muckleshoot Bingo Hall. He also found a small amount of meth in her property. She was later placed under arrest and booked into RJC. The meth was placed into evidence

17200 BLK/SE 400th ST A caregiver called 911 when her client was being aggressive and uncooperative. When deputies arrived they found assisted the caregiver as needed. The female client was not involuntary treated for her dementia.

C18052890 2100 BLK/Auburn Way S. Vehicle Recovery A deputy recovered a stolen vehicle at the Muckleshoot Bingo Hall. The vehicle was stolen out of Tacoma. The owner of the vehicle was notified about the recovery but he was unable to get it. The deputy requested a impound and the vehicle was towed.

0052 Hours C18052619 2400 BLK/Auburn Way S A man with several outstanding warrants was contacted at the Muckleshoot Bingo Hall. The man was placed under arrest and transported to SCORE Jail. He was later booked on his warrants.

C18052752 175th Ave SE/ SE 400th ST Court Order Deputies responded to a domestic dispute between a male and female. The couple had a court order against each other and the male was the respondent. Deputies found the male hiding in the master bedroom. He was placed under arrest and transported to King County Jail. The female didn't want to assist in prosecution.

1100 Hours C18052660 38900 BLK/172nd Ave SE A female stopped by the Muckleshoot Police Station to report a fraud. Apparently someone stole her percap check while she was in jail. The check was cashed at a local bank. She believes the suspect was her sister. There were no witnesses of this crime.

1904 Hours C18052739 38900 BLK/HWY 164 A deputy contacted two men walking along the highway in dark clothing with their backs to traffic. When he identified the men he learned one had several outstanding warrants. The man was placed under arrest and transported to Kent Jail. He was later booked on his warrants.

2225 Hours 12/08/2018 C18052775 14700 BLK/SE 368th PL Warrant Deputies responded to a domestic dispute and contacted a man with a warrant. He was placed under arrest and transported to King County Jail. He was later booked on his warrant

Suspicious 1026 Hours C18053017 40600 BLK/HWY 164 A man that was high on drugs flagged down a deputy along highway 164. He wanted to turn in some meth that he found while walking. The deputy confiscated the meth and placed it into evidence for disposal. The man was later advised to say "No" to drugs.

C18052994 16000 BLK/SE 385th CT Stolen Vehicle A female called 911 to report her vehicle stolen. Apparently she left her house keys in the front door and someone took them. Sometime overnight her vehicle was stolen from her driveway. The vehicle was later recovered at the Emerald Oueen Casino

12/11/2018 0847 Hours C18053168 SE 416th ST/ HWY 164 Suspicious A deputy contacted a van that was occupied by several known drug users. There were drug paraphernalia inside and one female had heroin in her hand. The deputy detained the female and confiscated the heroin. The heroin tested positive and was placed into evidence.

2304 Hours 38200 BLK/158th Ave SE 12/11/2018 C18053292 A female called 911 when her ex-boyfriend came to her house and threaten to kill her. While he was gathering his belongings he punched and shattered the female's television. The man took off before deputies arrived but he was charged through the courts.

12/12/2018 1419 Hours C18053383 38000 BLK/158th Ave SE During a residential contact deputies contacted a man with a felony warrant. The man tried to run from deputies but he was later found hiding in a bedroom. The man was placed under arrest and transported to RJC. He

12/05/18 4:45PM AP180090503 2700 18th ST SE Trespassing A resident in MIT housing called 911 to report that a person known to have been trespassed from Green Tree Condos was seen loitering in a vehicle.

12/06/18 4:00AM AP1800906242400 Dogwood ST SE Dispute Officers contacted two MIT members in a dispute. They did not document what the consternation between the

18-15846 Muckleshoot Market Warrant Arrest An Auburn Police Officer on routine patrol observed a man wandering around in the middle of Dogwood ST SE. He stopped and identified the man, finding a Reckless Driving warrant out of Kent. The man was arrested and booked into jail.

12/06/18 9:00AM 18-15851 Muckleshoot Casino **Drugs & Warrants** An Auburn Officer on routine patrol surprised and caught a suspect smoking illegal drugs in her car. She was arrested for a felony warrant as well.

12/06/18 4:30PM AP1800907922600 18th ST SE **Unwanted Subject** MIT officers responded to the Green Tree Condos after a member called others to report that an unwanted individual was outside her home and refusing to leave.

18-15876 Muckleshoot Casino 5:50PM A subject wanted to meet police at Safeway to report that a 2016 Mercedes Benz was stolen from a casino parking lot over the last few days. The car was registered to his parents.

11:00PM 18-15891 2200 Fir ST SE Warrant Arrest An Auburn officer noticed a male loitering around the MIT Police substation. The man was contacted and a warrant for his arrest was located. The man was booked into jail.

00:05AM AP180090876Muckleshoot Casino Trespass A woman was detained for trespassing and with a Bonney Lake warrant. Police responded and confirmed her identity. Bonney Lake was not interested in the warrant and she was charged for trespassing via the prosecu-

AP1800909103607 Auburn Way S 12/07/18 7:02AM **Unwanted Subject** Residents of an apartment complex called 911 to report an unwanted homeless man wrapped in a blanket and sleeping in a doorway. Police arrived and sent the man on his wa $07\,$

11:30AM 18-15909 Muckleshoot Casino 12/07/18 Domestic Assault Security detained a male for pushing his extremely drunk girlfriend to the ground during an argument over buying her another drink. The female would not cooperated and left, refusing to talk to police. Video and witnesses indicated that the female was the aggressor. The case was sent to the prosecutor for review.

7:50PM AP180091081 Muckleshoot Casino & Bingo Suspicious Subject A patron called police to report that she saw who she believes to be a man wanted for Child Rape and on America's Most Wanted. Officers checked both the casino and bingo hall and were unable to find him.

18-15941 Muckleshoot Market An MIT member went into the market and began eating candy bars and a turkey sandwich, then walked outside without paying for the food. MIT Security called police and Auburn Officers responded. The subject tried to escape and was taken to the ground and handcuffed. He was charged with Obstructing a Law Enforcement Officer and Shoplifting.

12/08/18 5:00AM 18-15957 Muckleshoot Bingo Warrant Arrest A suspicious man was contacted sitting in his car in the parking lot, which is known for drug activity. The man identified himself and a warrant for his arrest was found. The man was arrested and while enroute to the jail he claimed he swallowed drugs. This was found to be false and he was booked.

12/108/18 4:25PM 18-15968 Muckleshoot Casino Theft A woman called to report that her wallet was stolen at the casino after it most likely dropped out of her purse.

1:00AM AP180091352Muckleshoot Casino 12/09/18 A man was detained by security for trespassing and discovered to have several warrants. However, no one wanted to extradite for the warrants and he was charged for trespassing by Tribal Gaming Agents.

18-15986 Muckleshoot Casino In a very nefarious situation, a man claimed a woman he just met and given a gaming ticket to cash out never returned with the money. The woman claimed the man gave her the money in order to try to obtain some crystal methamphetamine, and also asked her for sex in exchange for the money. Officers reviewed surveillance

footage and found gaping holes in both of their stories. No arrests were made.

12/09/18 12:50PM 18-15999 3000 16th ST SE Warrant An Officer conducting an investigation discovered an arrest warrant for a woman. After she was arrested and transport began, the jail notified that they would not book her due to a dementia diagnosis. The woman was returned to her home

12/09/18 2:45PM 18-15997 Muckleshoot Casino A woman left her I-phone on a gaming machine, which was later stolen. The phone was tracked to Tacoma. 12/10/18 2:00AM AP180091521 Muckleshoot Casino A 35 year old man was detained by security for trying to use an ID that did not belong to him in order to get

inside the casino. The subject was clear of warrants and had not been previously trespassed. No enforcement action was taken by the police. 5:00AM AP180091531 Muckleshoot Casino Security detained a previously barred male for trespassing. The discovered he was also carrying an ex-

pandable baton. The police were called as the man had a warrant. However, the warrant was declined to be extradited and trespassing charges to be filed by Tribal Gaming Agents. 11:00AM AP180091589MIT Properties **Unwanted Subjects**

with no trespassing signs and subjects given warnings to clear out. 18-16063 Muckleshoot Casino A white woman was sitting with a group of Asian male friends when a stranger of Asian descent approached and was extremely upset that a white woman was with the Asian males. He screamed "why are you talking to a white bitch?" and then pushed his way through a group of men, grabbed the woman by her arm and threw

Auburn MIT Police and MIT Code enforcement checked properties for homeless camps. The sites were posted

her to the ground. The man had also been previously barred from the casino. He was arrested for assault and 12/10/18 AP180091742 2600 Union CT SE **Unwanted Person**

The caregiver of an MIT Elder called police to report that the Elder's sister was at the house yelling, screaming and banging on the doors. The sister left after the caregiver announced he was calling the police.

AP1800917942100 Hemlock ST SE Recovered Stolen Auto A stolen car was recovered from a home associated with criminal activity.

12/11/18 8:30PM 18-16114 Muckleshoot Casino Trespass A man was arrested for trespassing after he stubbornly refused to comply with security requests to show ID upon entry. As he refused to comply and walked further into the casino, he was stopped by security and tried to walk around them and deeper into the gaming areas. He was detained and his ID was found in his wallet by police after his arrest. There were no warrants and he had not been trespassed. His troubles could have been avoided had he simply showed his ID when requested.

12/12/18 0:15AM AP180091999Muckleshoot Market Muckleshoot Market Juveniles shoplifted items at the market and then left. 911 was called to have the juveniles trespassed if found. However, the names of the juveniles were unknown and no enforcement could be taken,

12/12/18 4:20AM 18-16132 Muckleshoot Casino An Auburn Officer randomly patrolling the casino parking areas located a man semi-conscious in his vehicle. Upon checking the man, the officer observed visible heroin and associated paraphernalia in the man's lap. He was arrested. Further searching located a large amount of cash, heroin, methamphetamine and assorted

January 2019

1/08/2019 1241 Hours

1/02/2019 0941 Hours 40900 BLK/SE 413th Dr. C19000158 Warrant Deputies contacted a male and female who were parked in front of a known drug house. The two occupants weren't Muckleshoot Tribal members and they had a history of drug abuse. When deputies identified the two, the male had a felony warrant out for his arrest. He was placed under arrest and transported to RJC. He was later booked on his warrant.

C19001038 17800 BLK/SE 413th Dr. DV 1/02/2019 1653 Hours A couple got into a physical altercation over their pets urinating on the carpet. When deputies arrived the two had separated and the male half was gone. There were no injuries reported or seen. Neither of the two wanted to assist in prosecution or give a written statement.

1/04/2019 1609 Hours C19000517 38000 BLK/HWY 164 Larceny A homeowner called 911 to report a larceny. Somebody cut a hole through his fence and stole a small quad. There were no witnesses or suspect information available.

1/04/2019 1335 Hours C19000478 39800 BLK/174th LN SE Burglary A deputy contacted a man during a traffic stop. When he identified the man he learned that he had a felony warrant. The man attempted to elude the deputy by taking off in his vehicle. The deputy followed the man from a distance and was able to locate his vehicle. The driver parked in a nearby neighborhood and fled on foot. A nearby homeowner ran out his house with a shotgun. He was chasing a man that broke into his house. The man was the same person who eluded the deputy. The man was placed under arrest and later booked into RJC for multiple felony violations.

1/05/2019 2158 Hours C19000667 38700 BLK/HWY 164 Warrant A man was contacted for pedestrian violation. When the deputy ran his name it returned with a DV Court Order Violation Warrant. The man was placed under arrest and was transported to SCORE jail. He was later booked on his warrant.

1/07/2019 0927 Hours C19000825 39800 BLK/174 LN SE Mental Complaint Deputies assisted Muckleshoot Behavioral Health therapists with a female who was experiencing a psychotic episode due to possible drug usage. The female was incoherent and very violent to her peers. After observing her destructive and aggressive behavior, she was involuntary treated at the nearest hospital for a mental health evaluation.

16900 BLK/SE 392nd ST A vehicle took off from a deputy and was later found parked in front of a house. A male and female were contacted and the female had a warrant. The driver of the vehicle fled on foot. He was later identified as the boyfriend of the female. The female was placed under arrest and transported to SCORE iail. She was later booked on her warrant.

C19001043

38900 BLK/180th Ave SE 1/08/2019 1338 Hours C19001038 Animal Problem A female called the police when she noticed someone had cut the mane and tails on her horses. She said the hair is used to make arts and crafts. There were no witnesses or suspect information available.

C19001163 1/09/2019 1200 Hours 38900 BLK/172nd Ave SE Vehicle Theft A man came to the Muckleshoot Substation to report his car stolen. He said he was helping a buddy fix his car when it was stolen. The car was left unlocked with the keys inside the ignition. The man said he went into the house for about five minutes before he realized his car was stolen. There were no witnesses of the crime nor

Residential Contact 1/09/2019 1041 Hours C19001174 38500 BLK/Hwy 164 Deputies performed a welfare check on an elder who is having trouble with random people occupying her house without her knowledge or consent. She requested that Muckleshoot Housing deputy perform random walk-through's of the house to assure her safety. Today deputies performed a walk through and contacted 10 people who are well known drug users. They didn't belong in the house and they were hiding in every corner of the house. Five of the ten people contacted had warrants out for their arrest. They were arrested and later booked into SCORE jail. Everybody that was contacted was trespass from the premises.

1/10/2019 1811 Hours C19001221 Noble CT SE/Auburn Way S. Deputies arrested a man that was involved in multiple felony eluding cases and stolen vehicles. He was found hiding out at his mother house here on the Muckleshoot Indian Reservation. The man was placed under arrest and booked on the charges recommended.

1/10/2019 1630 Hours C19001392 38900 BLK/172nd Ave SE A man came to the Muckleshoot substation to report a fraud that occurred at Key Bank. Someone has been depositing bogus checks into his bank account. He was advised by the bank to make a police report. There are no suspects at this time.

1/16/2019 1039 Hours C19002044 38900 BLK/172nd Ave SE A female came to the Muckleshoot substation to report a vandalism to her mailbox. Sometime over the weekend someone knocked her mailbox over and destroyed it. She believes it's related to the tribal land dispute she's having with some of her family members. There are no suspects or witnesses of this crime.

1/17/2019 0024 Hours C19002314 16100 BLK/ SE 386th Way A female called 911 to report a vandalism to her house. Someone threw a large rock through her living room window and egged the exterior of the house. She ran outside and saw a dark colored vehicle driving off in a hurry. She was unable to describe the make and model of the vehicle.

1/18/2019 1937 Hours C19002616 39200 BLK/165th Ave SE Deputies performed a residential contact at a tribal elder house. They removed two known drug users who were occupying the house without permission. Both suspects also had drug paraphernalia warrants out for their arrest. They were both trespass from all of Muckleshoot housing and escorted off the premises.

1/19/2019 0833 Hours C19002657 39900 BLK/HWY 164 A deputy contacted a suspicious man who was hanging around the Muckleshoot Library during closing hours. When deputies ran his name with radio it returned with several warrants attached. The man was placed under arrest and transported to SCORE jail. The man was later booked on his warrants.

1/20/2019 1541 Hours C19002805 38500 BLK/158TH Ave SE Deputies performed a residential contact at a tribal elder house and about six people took off running down a trail located behind the house. Deputies were able to catch a male and female at the end of the trail. The both subjects are well known drug users on the reservation. The female had three warrants out for her arrest and the male was a registered sex offender. The female was placed under arrest and transported to SCORE jail. They were both trespassed from all of Muckleshoot Housing.

1/21/2019 1649 Hours C19002928 38800 BLK/164th Ave SE Suspicious Deputies responded to call regarding a man walking around the neighborhoods with a rifle. Several tribal members were concerned because they thought the man in question was mentally unstable and a convicted felon. When deputies contacted the man they learned that he was not a convicted felon and the rifle wasn't

1/22/2019 2052 Hours C19002952 40000 BLK/HWY 164 **Traffic Stop** A man was stopped for speeding on Hwy 164. When the deputy ran his name with radio he learned the man had several warrants out for his arrest. The man was taken into custody and transported to SCORE jail. He was

1/25/2019 1219 Hours C19003493 147th PL SE/SE 371st PL Welfare Check Deputies contacted an unresponsive female who was passed out in her vehicle. When the female was awaken they learned that she had a felony warrant out for her arrest. The female was taken into custody and transported to Enumclaw jail. She was later booked on her warrant.

1/25/2019 1220 Hours C19003491 SE 400th ST/HWY 164 Traffic Stop A deputy performed a traffic stop on a possible unreported stolen vehicle. The vehicle was occupied by two males and female. The vehicle had obvious signs of a stolen vehicle and no one wanted to take ownership

of the car. All three occupants had a history of drugs use and vehicle thefts. When the deputy identified the occupants he learned one of the males had misdemeanor warrant and the female had a felony warrant. They were both placed under arrest and transported to King County Jail and SCORE.

38600 BLK/160th Dr. SE 1/26/2019 0535 Hours C19003590 Deputies responded to a man who was stabbed in the neck while riding his bike home. The man was able to make it home and apply pressure to his wound. Deputies called for a medical unit to administer aid. The man claimed he didn't know his attacker and gave little details about where it happened. Deputies were unable to contact any witnesses or suspects. The man was transported to the hospital for further evaluation.

SE 388th ST/HWY 164 1/29/2019 1539 Hours C19003870 Deputies made a traffic stop on a vehicle that had two suspects with felony warrants inside. The male and female occupants were placed under arrest and transported to RJC. They were later booked on their warrants. AP190006114 Muckleshoot Cemetery Suspicious Vehicle

A suspicious occupied vehicle was contacted near the cemetery. The occupants were identified and found to homeless, living in the van. They had recently been trespassed from the Green Tree Condos property. 0:30AM 19-01075 Muckleshoot Bingo A woman who had been trespassed from the bingo hall on three prior occasions was spotted and recognized

by security. The police were called due to the woman continually violating the trespass order. She was arrest-

01/24/19 3:30AM AP190006284 Muckleshoot Casino A man was detained by security for violating a trespass order. A warrant from Marysville was discovered and the police were called to the scene. However, after Marysville declined to take the man on his warrant, Tribal Gaming Agents processed the man for criminal trespass and are forwarding charges to the prosecutor.

AP1900063152600 24th ST SE 01/24/19 8:10AM Suspicious Subjects Residents in the neighborhood called police after watching subjects in a vehicle loitering in front of a suspected drug house.

AP190006480 2400 24th ST SE 01/24/19 An anonymous party called 911 to report that a known felon, possibly carrying guns and drugs was at a residence. The suspect may have also been a Registered Sex Offender. Officers located the man, but found he had no warrants or other issues other than no valid driver's license.

7:15PM 19-01121 Muckleshoot Bingo **Drugs Activity** Security discovered a man using drugs in a bathroom and he was detained. The police also located a felony warrant for his arrest. A search incident to the warrant arrest located several small packages of methamphetamine and heroin, along with syringes. He was booked into jail on the illegal drug charges as well as the

01/24/19 8:50PM 19-01126 Muckleshoot Bingo A man was detained for trespassing by security. Auburn Police also located an arrest warrant for Trespassing.

The man was booked into jail.

her in Oregon as he returned to Auburn.

Warrant

19-01127 Muckleshoot Casino 9:00PM Trespass A man received a criminal citation at the casino for Trespassing.

AP190006634 2400 17th DR SE MIT construction workers called police to report they had arrived at a house they were working on and suspect-

ed that people were inside as the garage door had been broken into. Police arrived and searched the house, finding no one inside but did find other unsecured doors that would allow entry. 19-01179 1300 Ginkgo ST SE

A domestic assault occurred at a house known for trouble when a woman stopped by to pick up a TV from her

ex-boyfriend and he slapped her in the side of the head. 10:40PM 19-01187 2400 Poplar ST SE Assault-DV A woman called the police and reported that her boyfriend has become increasingly violent and punching her in the face and body over the last week due to her not having a job or car. The boyfriend made her get into a car with threats of violence and drove her to Oregon. When she was hesitant to get out of the car, he began punching her breasts and arms, put an arm bar over her throat then pulled her out of the car by her hair leaving

01/25/19 11:40PM AP190006860 2400 Skyway LN Suspicious Subjects After residents called in about suspicious subjects hanging around in a dead end cul-de-sac, police contacted

01/26/19 0:20AM AP1900068742700 18th ST SE **Civil Welfare Check** A dispute erupted in the Green Tree Condos when parents became upset that children staying with their Grandfather were being neglected. Officers sorted out the situation and found no crime or neglect had

AP190006959 2200 Noble CT SE 01/26/19 12:40PM Theft from Vehicle A victim was encouraged to make an online report after discovering items stolen from his vehicle overnight. 01/26/19 1:00PM 19-01206 2200 Noble CT SE Suicidal Subject Parents called police when their son threatened to kill himself. The man suffers from a variety of mental

01/26/19 AP190006995 1300 Flm ST SE 4:15PM Suspicious Subjects Police responded to the area after a neighbor called and stated that three men in a vehicle had been loitering in the area since the previous night and were now drinking vodka from a bottle. Police arrived but the vehicle and its occupants had left.

illnesses. The man left in a vehicle but the police were able to locate him and have him taken to the hospital.

01/26/19 AP190007030Muckleshoot Casino Suspicious Subject Security reported a Chevy Camaro speeding and doing "donuts" on the top floor of the garage. When security approached, they observed a handgun lying on the seat. The police were called and responded, locating the car and driver. The driver was cooperative and had a license for the gun. The man was trespassed from the casino for his behavior.

01/27/19 0:45AM AP1900070945800 35th WY SE Dis-

A resident in the area called 911 to report a large roving group of teenagers in some type of dispute, yelling at each other. The group was mobile and continued their conflict moving down the local streets. Police responded but did not find them. AP190007109 Muckleshoot Casino 01/27/19 2:40AM

A man discovered to have been trespassed previously was detained by casino security. Needles and drug paraphernalia were found on the suspect's person. However, after being advised that the police would have a delayed response due to other incidents occurring, the man was released and criminal charges forwarded to the prosecutor by Tribal Gaming Agents. 01/27/19 8:20PM 19-01264 Muckleshoot Casino

Tribal Gaming Agents reported a theft to the Auburn Police of six microphones taken from a drum set on the stage of the Galaxy Lounge. Video surveillance showed a suspect sneak behind the curtain and then emerge with items tucked beneath his jacket. Further surveillance led to the suspect's vehicle and license plate, providing a named suspect for the theft.

01/27/19 9:05PM 19-01268 Muckleshoot Casino **Felony Warrant** An Auburn officer patrolling the parking garage found a man sleeping in his vehicle and contacted him. Running his name, felony warrants for Escape and ID Theft were found. The man was arrested and booked into jail.

AP1900072623700 Auburn Way S A man called 911 to complain that his upstairs neighbors smoke marijuana on their balcony and often spit, hitting him. After no one could identify the suspect who spit and determined it may have been accidental, the

01/28/19 0:20AM 19-01273 Muckleshoot Casino

01/28/19 8:20AM

A man was detained by security after trying to buy food with another person's Preferred Players Club Card. Auburn Police found that the man had several warrants for his arrest and did indeed arrest him. However, searching the subject incident to arrest, the officer found crystal methamphetamine and a glass bubble pipe used to smoke it. The man was booked into jail for drug possession.

01/28/19 2:30AM 19-01276 Muckleshoot Casino Fraud A man with previous convictions for fraud and identity theft attempted to cash a suspicious check at the casino cashier's cage. Officers investigated the incident and the bank would not provide sufficient information for an arrest. Charges were sent to the prosecutor's office.

19-01278 Muckleshoot Casino 01/28/19 7:00AM Trespass & Warrants A man was detained by security for having been previously trespassed. Several warrants for his arrest were found and he was booked into jail by Tacoma PD.

AP190007321190019th PL SE

Neighbors called police to complain about a woman who does not pick up her dog's feces as she walks the pooch. Animal Control contacted the woman and warned her of the consequences. 01/28/19 8:20AM 19-01281 Muckleshoot Bingo

An Auburn officer patrolling the parking lot found a red 2007 Acura with a woman sleeping inside of it. Running the license plate found that it had been stolen in King County. Officers were also able to find the driver inside the bingo hall and arrest him also.

01/28/19 1:40PM 19-01291 Muckleshoot Casino A victim reported her cell phone stolen while inside the casino the previous night.

01/28/19 2:00PM AP1900074023300 Scenic DR SE **Suspicious Activity** A woman called 911 to report that a man smiled at her as she drove by and she believes it meant that he was involved in stealing items from her car.

01/28/19 5:00PM 19-01300 2600 Skyway LN A victim reported that between the ages of 11-13 she was inappropriately touched by a former friend.

19-01305 2901 Auburn Way S A Neighbor called 911 after hearing a couple fighting in an apartment with small children inside. The male was heard to yell for the female to stop hitting and choking him and that the female was trying to take the children. As officers arrived, they found that the couple had mutual no contact orders against each other, and each had multiple warrants for their arrest. After officers announced their presence, the couple went quiet and turned out the lights. They also refused orders to exit the apartment. Due to the arrest warrants and most likely a crime of violence in progress, the officers forced entry into the apartment and both of the suspects were ultimately placed under arrest and booked in jail for violating the no contact orders and warrants.

01/29/19 0:05AM 19-01314 Muckleshoot Casino Trespass & Drug Paraphernalia A man that had been arrested for six previous trespasses at the casino was once again recognized and detained by security. Auburn Police arrested him and began to search him after being handcuffed and found a syringe, glass pipe, foil, and a tube used to ingest illegal drugs. Residue indicated that the items were used to

2:15AM 19-01318 2700 18th ST SE 01/29/19 Sexual Assault A man was arrested for sexual assault.

BECOME A CHILD CARE PROVIDER!

Do you love children? Have extra time on your hands? Want to make some money? Have a clean background?

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education

Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/ or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

Contact: Monalisa Mendoza, CCDF (Monday - Friday 8:00am - 4:00pm)**Phone:** (253) 876-3056 * 3915

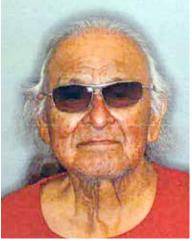
Email: Monalisa.mendoza@muckleshoot.nsn.us

EXCLUDED FROM MUCKLESHOOT RESERVATION

The individuals pictured here have been legally excluded from the Muckleshoot Indian Reservation. If you see any of them on the reservation please call 911 and report the sighting to the Muckleshoot Police Department.



Darnoel Brown



Gerald Robert Elkins



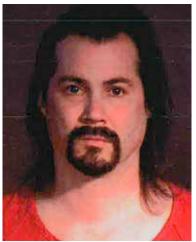
Jorenda Proctor



Leslie Guy Wilson



Rajon Ray Hoff



Robert Wayne Weed



Rodney Darrell Hopper



\$45,000 Housing Assistance Program - Increased to \$90,000 per Tribal Member

The Tribe's commitment to providing housing opportunities to its members is once again exemplified with recent policy changes to the \$45,000 Grant Program. Tribal Council recently approved that the \$45,000 Grant Program be increased to \$90,000 per Tribal member. These funds can be used for home ownership activities including down payment, mortgage reduction, home improvements, self-help and safe housing repairs. In addition, the Tribal Housing Ordinance has been updated to allow Muckleshoot enrolled couples to each utilize their \$90,000 grant towards eligible program services for a total Grant of \$180,000. \$20,000 of each member's assistance shall be reserved exclusively for safe housing repairs.

Muckleshoot Tribal Enrollment: Applicant must be a Muckleshoot Tribal member at least eighteen (18) years of age and enrolled in the Muckleshoot Indian Tribe for a minimum of five (5) years or be enrolled in the Muckleshoot Indian Tribe and have resided within the Muckleshoot Reservation their entire

Proof of Ownership: Applicants must provide proof of ownership for the assisted property and utilize the home as their primary residence

Proof of Insurance: Applicants must provide proof that the assisted property is covered by an insurance policy or sign a Homeowners Insurance Acknowledgment

Release of Information: Applicants must sign a Release of Information to allow the Muckleshoot Housing Authority to obtain and verify information relative to

Residency/Payback Agreement: Applicants, including any additional parties with ownership of the assisted property, must sign a Residency Payback Agreement agreeing to payback terms and refinance restrictions during a five (5) year payback period.

> Please contact our office with any questions or for further assistance with applying for this program.

Muckleshoot Housing Authority | 38037 158th Ave SE | Auburn, WA 98092 | (253) 833-7616

Muckleshoot Tribal Court of Justice In and for the Muckleshoot Indian Reservation Auburn, WA 98092

Case No.: MUC-J-10/18-140 NOTICE OF FACT FINDING HEARING IN RE THE WELFARE OF: DOB: 04/17/2016

> FRANCISCO LOPEZ, FATHER VICKEY MURRAY, MCFS CASE MANAGER ANNIE HARLAN, DORRY PETERSON, PROSECUTOR

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the 23^{RD} day of April, 2019, AT 10:00AM_ in the Muckleshoot Tribal Court of Justice located at 39015 172^{nd} Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to deter whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home placemen of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether fillings were timely and appropriate.

You may pick up a copy of MCFS Case Manager's Court Report from the court clerk's office three working days prior to the hearing. Pursuant to Section 12.A.03.070; Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the Youth Codes. The parents, guardian and custodian of the youth are each entitled to have someone represent

them at the hearing at your own expense-meaning that they will be solely responsible for any charged by the person. If a party fails to appear the Court may, in his or her absence, take legal custody of the child, make the child a ward of the Court, and take any other action that is authorized by law.

/s/ Julia R. Brown MIT-Clerk Of The Court

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203.

Dated this 19[™] day of December, 2018

Attention Muckleshoot **Tribal Members** and Community **Members:**

The Muckleshoot Gaming Commission has reviewed the list of patrons barred from the Casino and Bingo Hall and has lifted many of these barrings. To see if your barring has been lifted, please call 253-804-4444 Ext. 1428



Free Legal Services for Low Income Native Americans and Alaska Natives

Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The Native American Unit at Northwest Justice Project provides free civil (noncriminal) legal services to eligible Native American / Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student's attendance of or performance in school.

Cina can work with you on (among other things):

- Education matters including: Expulsion, suspension, & truancy
 - Discriminatory discipline Special education & learning
 - disabilities Parents' rights
 - Other situations impacting a student's ability to participate in
- **Emancipation** (students seeking to be legally independent of their parents)
- Health matters including denial of health care services or assistance in obtaining mental health services

Foster & homeless student issues

- Housing problems such as evictions, discrimination, or deposit issues
- Public benefits matters including applying for, denial of, or reduction of

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.

LSC.

JOINT RIVERS

INTERESTED IN A CAREER IN RECREATIONAL CANNABIS?!?

Thank you for your interest in joining our team. We are currently hiring for Cannabis Sales Specialist. All applicants must be the minimum age of 21. There are part-time and full-time positions available. All applicants must be available weekends. This job requires much attention to detail and the ability to flex out of your sales role to complete other duties oriented toward success.

Joint Rivers is a recreational cannabis retailer with an extreme focus on cannabis education, coupled with the best cannabis customer service in Washington. We are looking for individuals who are passionate and dedicated in the WA state cannabis market.

Job Requirements:

- Minimum age of 21
- Cannabis knowledge & passion Positive attitude
- Customer service experience
- Cash handling experience
- Strong retail/ Sales experience
- Flexible schedule
- Ability to work in a team environment. • Ability to lift up to 25 pounds

Detail oriented

Daily cleaning duties

• Compliance with WA LCB i-502 Rules and Regulations

Job Types: Full-time, Part-time Salary: \$20.00 /hour plus benefits. Please, serious inquiries only.

Is your Driver's License suspended?



Go to the Washington State Department of Licensing website to learn how to reinstate your license. On the website you can learn

- Your current license status
- Everything that has a hold on your license
- Step-by-step instructions for reinstatement
- How much does this service cost? Free
- However....If you owe fees or fines or traffic tickets, those will have to be paid off

In the meantime – other forms of transportation include METRO bus service and Muckleshoot Transit Service. Contact Muckleshoot Police if you have

Website: www.wa.gov/dol/reinstate

questions.

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No.: MUC-J-12/18-170 NOTICE OF PRELIMINARY INQUIRY IN RE THE WELFARE OF: Aka. T.V. DOB: 12/20/2018

AN INDIAN CHILD

MONIQUE VALLES, Mother TAVARIS BELL, Father DORRY PETERSON, Tribal Prosecutor GUILLERMO CABRERA, MCFS Investigator

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filled in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on Tuesday, the 12TH of March, 2019 at 10(am). in the above-titled court, located at the Muckleshoot Legal Building, 39015 172nd Avenue SE, Auburn, Washington 98092, to determine;

1.) The tribal status of the youth;

Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and tribal court supervision.

Whether out of home placement of the youth is necessary and

 Any other action necessary for the youth best interest pending further proceedings.
 The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights

and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-

Dated 23RD of January, 2019. /S/ Julia R. Brown COURT CLERK / ADMINISTRATOR

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No.: MUC-J-10/18-140 **NOTICE OF PRELIMINARY INQUIRY** IN RETHE WELFARE OF: DOR: 04/17/2016

AN INDIÁN CHILD

TO:

FRANCISCO LOPEZ, Father ANNIE HARLAN/DORRY PETERSON, Tribal Prosecutor VICKY MURRAY, MCFS Investigator

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filed in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on Tuesday, the 12th of March, 2019 at 11(am). In the above-titled court, located at the Muckleshoot Legal Building, 39015 172m Avenue SE, Auburn, Washington 98092, to determine:

1.) The tribal status of the youth;

Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and

Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and tribal court supervision.
 Whether out of home placement of the youth is necessary and
 Any other action necessary for the youth best interest pending further proceedings.
 The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any

sent them at this nearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-3801

Dated 19th of December, 2018. /s/ Julia R. Brown COURT CLERK / ADMINISTRATOR

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:

- Family Law matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- Health matters including denial of health care services or assistance in obtainina mental health services to
- Housing problems such as evictions or needing to break a lease due to a crime in the home
- Economic security issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- Other legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.









Muckleshoot Indian Tribe

Do you need assistance with your child care expenses?

- Employed
- > Enrolled in educational courses In iob training
- Or participating in job search activities

Is your child(ren)?

- > 12 years of age or younger
- > Enrolled in a federally recognized tribe or a descendant (parent must be enrolled) of a federally recognized tribe

Child care is based upon your family size and monthly income that is at or below 85% of King County's median income (100% for Muckleshoot Tribal Members). You may qualify, if your family's monthly income falls below the following income range;

| Family Size: | 85% Median Monthly Income | 100% Median Monthly Incom (MIT Members Only) |
|--------------|------------------------------|---|
| 1 | \$0-\$4,484 | \$4,485- \$5,275 |
| 2 | \$0- \$5,121 | \$5,122- \$6,02 <u>5</u> |
| 3 | \$0- \$5,759 | \$5,760- \$6,775 |
| 4 | \$0- \$6,396 | \$6,397-\$7,525 |
| 5 | \$0- \$6,913 | \$6,914- \$8,133 |
| 6 | \$0- \$7,423 | \$7,424- \$8,733 |
| 7 | \$0- \$7,933 | \$7,934- \$9,333 |
| 8 | \$0- \$8,443 | \$8,444- \$9,933 |

To apply or if you have any questions contact the Muckleshoot CCDF Program at (253) 876-3056 or Vanessa Simmons at (253) 876-3016

Email: Vanessa.simmons@muckleshoot.nsn.us

Located at the Muckleshoot Early Childhood Education Center, 15599 SE 376th St, Auburn, WA

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No.: MUC-J-10/18-133 NOTICE OF PRELIMINARY INQUIRY

JOSEPH L. MOSES, Father DORRY PETERSON, Tribal Prosecutor BETSEY TULEE, MCFS PAL

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filed in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on Tuesday, the 5^{TH} of March, 2019 at 10:00(am) in the above-titled court, located at the Muckleshoot Legal Building, $39015\ 172^{\text{nd}}$ Avenue SE, Auburn, Washington 98092, to determine;

The tribal status of the youth; Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and tribal court supervision.

Whether out of home placement of the youth is necessary and
Any other action necessary for the youth best interest pending further proceedings.
The parents, guardian and custodian of the youth are each entitled to have someone repre-

sent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-2891. regard to the child can be affected.

Dated 9th of January, 2019. /s/ Julia R. Brown COURT CLERK / ADMINISTRATOR

Muckleshoot Tribal Court of Justice In and for the Muckleshoot Indian Reservation Auburn, WA 98092

Case No.: MUC-J-12/18-168 NOTICE OF FACT FINDING HEARING

LENORA JANSEN, MOTHER ITUAU ATIMALALA, MCFS CASE MANAGER DORRY PETERSON, PROSECUTOR

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the 23^{RD} day of April, 2019, AT 10:30AM in the Muckleshoot Tribal Court of Justice located at 39015 172nd Avenue SE, Auburn, WA

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to determine whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home

OF CARE, and in need of Iribal Court supervision as wards of this court; 3) whether out-of-nome placement of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether filings were timely and appropriate.

You may pick up a copy of MCFS Case Manager's Court Report from the court clerk's office three working days prior to the hearing. Pursuant to Section 12.A.03.070; Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Declaration and the present least the property of the Preliminary Location 12 A 0.3 0.90. Title 12 of the the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the

The parents, guardian and custodian of the youth are each entitled to have someone represent them at the hearing at your own expense-meaning that they will be solely responsible for any fees charged by the person.

If a party fails to appear the Court may, in his or her absence, take legal custody of the child. make the child a ward of the Court, and take any other action that is authorized by law.

/s/Julia R. Brown MIT-Clerk of the Court

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203. Dated this $9^{\rm TH}$ day of January, 2019

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No.: MUC-J-12/18-168 NOTICE OF PRELIMINARY INQUIRY

LENORA JANSEN, Mother DORRY PETERSON, Tribal Prosecutor ITUAU ATIMALALA, MCFS Investigator

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filled in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on Tuesday, the 12^{TH} of March, 2019 at 11:30(am). in the above-titled court, located at the Muckleshoot Legal Building, 39015 172nd Avenue SE, Auburn, Washington 98092, to determine

1.) The tribal status of the youth;

Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and

Whether out of home placement of the youth is necessary and

4.) Any other action necessary for the youth best interest pending further proceedings. The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 876-

Dated 9th of January, 2019. /s/ Julia R. Brown COURT CLERK / ADMINISTRATOR

Muckleshoot Tribal Court of Justice In and for the Muckleshoot Indian Reservation **Auburn, WA 98092**

Case No.: MUC-J-12/18-170 NOTICE OF FACT FINDING HEARING IN RE THE WELFARE OF: Aka. T.V. DOB: (12/20/2018 An Indian Child/Children

MONIQUE VALLES, MOTHER TAVARIS BELL, FATHER GUILLERMO CABRERA, MCFS CASE MANAGER DORRY PETERSON, PROSECUTOR

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the $23^{\rm RD}$ day of April, 2019, AT 11:00AM in the Muckleshoot Tribal Court of Justice located at 39015 172 $^{\rm nd}$ Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to determ whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home placemen of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether filings were timely and appropriate. You may pick up a copy of MCFS Case Manager's Court Report from the court clerk's

office three working days prior to the hearing. Pursuant to Section 12.A.03.070; Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the Youth Codes. The parents, guardian and custodian of the youth are each entitled to have someone represent them at the hearing at your own expense-meaning that they will be solely responsible for any fees

charged by the person.

If a party fails to appear the Court may, in his or her absence, take legal custody of the child, make the child a ward of the Court, and take any other action that is authorized by law.

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203.

Dated this 23rd day of January, 2019 /s/ Julia R. Brown MIT-Clerk Of The Court

Brush Clearing Service

Muckleshoot Tribal Members that are 18 years of age or older can receive brush clearing service from Building Maintenance with mechanical equipment or our eco-friendly alternative, goats.



Brush Clearing Service Forms are available at the **Elders Center Front Desk** and Building Maintenance. For inquiries, call (253)285-4063



February 25, 26, 28

February 22

March 5-7

March 6

March 19

March 27

CALENDAR

9am - 4pm Lunch will be served

Recovery Coach Academy Muckleshoot Health & Wellness

End of the Season Salmon Dinner Muckleshoot Pentecostal Church

Per Capita Distribution

Teen Dating Violence Awareness Breakfast

Muckleshoot Health & Wellness Center Conference Rooms 9am to 10:30am

Minor's Trust Education Class Muckleshoot Health & Wellness Center 4pm to 7pm

Communtiy Training for Elders and Those Caring for Them Muckleshot Health & Wellness Center 9am - 4pm

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!! Muckleshoot.Monthly@muckleshoot.nsn.us

MUCKLESHOOT TRIBAL COURT OF JUSTICE IN AND FOR THE MUCKLESHOOT INDIAN RESERVATION

Case No.: MUC-Cr-12/17-203 SUMMONS TO APPEAR IN COURT FOR AN ARRAIGNMENT CRIMINAL COMPLAINT LAW ENFORCEMENT REPORT # 17-16505 CITATION# N/A

T0: Victor Wynne YOU ARE HEREBY ORDERED TO APPEAR in the Muckleshoot Court of Justice, located in the Legal Building on the Muckleshoot Indian Reservation, a few miles east of Auburn, Washington, at 39015 – 172nd Street SE (telephone number 253-876-3203). If you have any questions, please telephone the Prosecutor at (253)876-2891.

You are ordered to appear on Tuesday, the 26th day of March, 2019 at 9:30 A.M., and you are to stay until this matter is heard by the Court.

You are to appear for an ARRAIGNMENT ON THE CRIMINAL OFFENSE (S) OF "THEFT"

(GROSS MISDEMEANOR), a violation of Title 5 Law and Order Code, Section 5.08.080. This offense occurred within the exterior boundaries of the Muckleshoot Indian Reservation, at 2708 – 18th St. SE, Auburn Washington, on or about August 15-31, 2017.

FAILURE TO APPEAR IS CONSIDERED CONTEMPT OF COURT – WHICH MAY RESULT IN THE

COURT ISSUING A WARRANT FOR YOUR IMMEDIATE ARREST, FINES, AND/ OR JAIL TIME, UNTIL YOU APPEAR IN COURT AND OTHER SANCTIONS FOR CONTEMPT OF COURT, PER TITLE 5, SECTION 5.06.130 OF THE MUCKLESHOOT TRIBAL CODE OF LAWS.

SO ORDERED this 9th day of January, 2018 /S/ Randy Doucet
JUDGE RANDY DOUCET



Attention: Muckleshoot Tribal Members

The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) topick up an application.

BAD CREDIT? CAN'T GET APPROVED?

Our Goal Is. % CREDIT

Muckleshoot Tribal Members Don't Pay Tax! Show Your Tribal Card for More Savings! We Have Over 100 **Vehicles To Choose From!** www.deltoroautosales.com



One Free OIL CHANGE! WITH PURCHASE!

Bring this coupon for

Jeremy James Tribal Council January 25 at 10:01 AM - 3

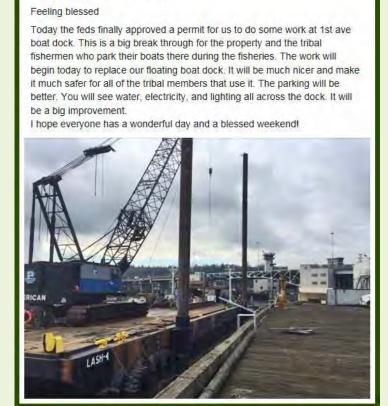


Washington State Rep. Debra Lekanoff (D), who is the first Native American woman to ever be elected to the state's House of Representatives, was sworn into office wearing traditional regalia









Siseenaxalt White Eagle is 55 feeling blessed. February 1 at 5:15 PM - #

Had a great day at MTS-STI Training with teachers working on a cattail mat twined with nettle cordage. And not to mention the crab, clams and sockeye



O♥ Gerri Lillian, Jessica Garcia-Jones and 66 others

Diana Silva is with Dennis Anderson Jr. and Devon Anderson. January 21 at 12:31 PM 👪 Devon's team took the championship game 51-34 @ @ @ **Auburn Basketball**





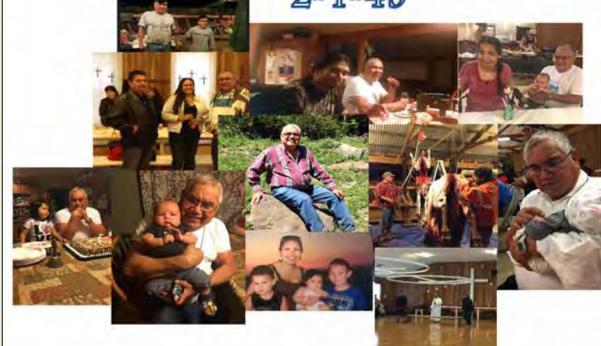
Kimberly M Sneatlum-Williams is with Loretta Williams and 4 ... others.

Had a good morning- spent with mom n some wonderful ladies and Randy at the elders complex- helping out making things for their fundraiser









Happy Birthday to the MOST LOVED Dad, Uncle, Grandpa, Brother and Great-Grandpa! YOU are a ROCK for OUR FAMILY and COMMUNITY with all you do. May GOD BLESS YOU with many more years of Love and Happiness. With Love from ALL YOUR FAMILY!



Looks like Tyrone lost another bet. He had to buy this 12 shirt for Mike



